

Alcatraz Island, CA - Dec 1840

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:32	4.7	4:02	4.3	11:06	3.0	10:42	0.7	7:14	4:58	
2	Wed	6:08	5.0	5:20	4.0			12:12	2.5	7:15	4:58	
3	Thu	6:38	5.3	6:50	3.9			1:06	1.7	7:16	4:57	
4	Fri	7:14	5.7	8:14	4.0	12:24	1.5	2:00	0.9	7:17	4:57	
5	Sat	7:50	6.1	9:26	4.2	1:12	1.9	2:42	0.1	7:17	4:57	
6	Sun	8:26	6.5	10:32	4.5	2:00	2.4	3:30	-0.6	7:18	4:57	
7	Mon	9:08	6.9	11:26	4.8	2:54	2.7	4:12	-1.2	7:19	4:57	
8	Tue	9:50	7.1			3:42	3.0	5:00	-1.6	7:20	4:57	
9	Wed	12:20	4.9	10:38 AM	7.2	4:30	3.1	5:48	-1.8	7:21	4:57	
10	Thu	1:14	5.0	11:32 AM	7.1	5:24	3.1	6:36	-1.8	7:22	4:58	
11	Fri	2:02	5.0	12:26	6.9	6:24	3.1	7:30	-1.5	7:22	4:58	
12	Sat	2:50	5.1	1:20	6.4	7:24	3.0	8:18	-1.1	7:23	4:58	
13	Sun	3:38	5.2	2:20	5.8	8:36	2.8	9:12	-0.6	7:24	4:58	
14	Mon	4:26	5.3	3:26	5.0	9:54	2.5	10:00	0.1	7:25	4:58	
15	Tue	5:14	5.5	4:44	4.4	11:18	2.1	10:54	0.8	7:25	4:59	
16	Wed	6:02	5.7	6:14	3.9			12:30	1.5	7:26	4:59	
17	Thu	6:44	5.9	7:50	3.9			1:36	0.9	7:26	4:59	
18	Fri	7:26	6.0	9:08	4.0	12:42	2.1	2:30	0.4	7:27	5:00	
19	Sat	8:08	6.1	10:14	4.3	1:42	2.6	3:12	-0.1	7:28	5:00	
20	Sun	8:44	6.2	11:08	4.5	2:30	3.0	3:54	-0.3	7:28	5:01	
21	Mon	9:20	6.2	11:50	4.7	3:18	3.2	4:30	-0.5	7:29	5:01	
22	Tue	9:56	6.2			4:00	3.4	5:06	-0.6	7:29	5:02	
23	Wed	12:32	4.7	10:32 AM	6.1	4:42	3.4	5:42	-0.6	7:30	5:02	
24	Thu	1:08	4.7	11:08 AM	6.1	5:18	3.4	6:12	-0.7	7:30	5:03	
25	Fri	1:38	4.7	11:44 AM	5.9	6:00	3.3	6:48	-0.6	7:30	5:03	
26	Sat	2:08	4.7	12:20	5.7	6:36	3.3	7:18	-0.5	7:31	5:04	
27	Sun	2:44	4.7	12:56	5.5	7:18	3.2	7:54	-0.3	7:31	5:05	
28	Mon	3:14	4.8	1:38	5.1	8:06	3.0	8:24	0.0	7:31	5:05	
29	Tue	3:44	4.9	2:26	4.6	9:06	2.8	9:06	0.4	7:32	5:06	
30	Wed	4:20	5.1	3:32	4.1	10:12	2.5	9:42	1.0	7:32	5:07	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	4:56	5.4	4:56	3.7	11:18	2.0	10:24	1.7	7:32	5:08	