

Alcatraz Island, CA - Jan 1841

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:26	5.7	6:44	3.6			12:24	1.3	7:32	5:08	
2	Sat	6:14	6.0	8:20	3.8			1:24	0.5	7:32	5:09	
3	Sun	7:02	6.3	9:38	4.2	12:24	2.8	2:18	-0.2	7:32	5:10	
4	Mon	7:50	6.7	10:32	4.5	1:30	3.1	3:12	-0.9	7:33	5:11	
5	Tue	8:44	7.0	11:20	4.8	2:36	3.2	4:00	-1.4	7:33	5:12	
6	Wed	9:38	7.2			3:30	3.1	4:48	-1.7	7:33	5:13	
7	Thu	12:08	5.0	10:32 AM	7.2	4:24	2.9	5:36	-1.8	7:32	5:14	
8	Fri	12:50	5.2	11:26 AM	7.1	5:24	2.7	6:24	-1.6	7:32	5:15	
9	Sat	1:32	5.3	12:20	6.7	6:18	2.4	7:06	-1.3	7:32	5:15	
10	Sun	2:08	5.5	1:14	6.1	7:18	2.2	7:48	-0.8	7:32	5:16	
11	Mon	2:50	5.6	2:08	5.4	8:18	2.0	8:30	-0.1	7:32	5:17	
12	Tue	3:32	5.7	3:14	4.7	9:30	1.7	9:12	0.7	7:32	5:18	
13	Wed	4:14	5.8	4:26	4.0	10:42	1.4	10:00	1.5	7:31	5:19	
14	Thu	4:56	5.9	6:02	3.7	11:54	1.1	10:54	2.2	7:31	5:20	
15	Fri	5:44	5.9	7:50	3.7			1:00	0.7	7:31	5:21	
16	Sat	6:32	5.9	9:14	4.0	12:00	2.8	2:00	0.4	7:30	5:23	
17	Sun	7:20	5.9	10:08	4.3	1:12	3.2	2:54	0.1	7:30	5:24	
18	Mon	8:08	6.0	10:56	4.5	2:12	3.3	3:36	-0.2	7:30	5:25	
19	Tue	8:56	6.0	11:32	4.6	3:06	3.3	4:12	-0.3	7:29	5:26	
20	Wed	9:38	6.1			3:48	3.2	4:48	-0.4	7:29	5:27	
21	Thu	12:02	4.7	10:14 AM	6.1	4:30	3.1	5:18	-0.5	7:28	5:28	
22	Fri	12:26	4.7	10:50 AM	6.0	5:06	2.9	5:48	-0.5	7:28	5:29	
23	Sat	12:56	4.8	11:32 AM	5.9	5:42	2.8	6:18	-0.5	7:27	5:30	
24	Sun	1:20	4.9	12:08	5.7	6:18	2.6	6:42	-0.3	7:26	5:31	
25	Mon	1:44	5.0	12:44	5.4	6:54	2.4	7:12	0.0	7:26	5:32	
26	Tue	2:08	5.2	1:26	5.0	7:36	2.1	7:42	0.4	7:25	5:33	
27	Wed	2:38	5.3	2:20	4.5	8:24	1.9	8:18	1.0	7:24	5:34	
28	Thu	3:08	5.5	3:20	4.0	9:24	1.6	8:54	1.6	7:24	5:36	
29	Fri	3:50	5.7	4:56	3.6	10:30	1.2	9:42	2.3	7:23	5:37	
30	Sat	4:32	5.9	6:50	3.6	11:42	0.8	10:42	2.9	7:22	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	5:26	6.1	8:26	3.9			12:54	0.2	7:21	5:39	