

Alcatraz Island, CA - Dec 1844

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:32	4.8	3:08	4.5	9:54	2.9	9:48	0.5	7:14	4:58	
2	Mon	5:14	5.0	4:20	4.2	11:06	2.6	10:42	0.9	7:15	4:58	
3	Tue	5:56	5.3	5:44	4.0			12:12	2.0	7:16	4:57	
4	Wed	6:38	5.6	7:14	4.0			1:12	1.3	7:17	4:57	
5	Thu	7:20	6.0	8:32	4.2	12:30	1.7	2:06	0.5	7:17	4:57	
6	Fri	8:02	6.4	9:38	4.4	1:24	2.0	2:54	-0.3	7:18	4:57	
7	Sat	8:44	6.8	10:38	4.7	2:18	2.3	3:36	-0.9	7:19	4:57	
8	Sun	9:26	7.0	11:32	4.9	3:12	2.5	4:24	-1.4	7:20	4:57	
9	Mon	10:14	7.2			4:06	2.6	5:12	-1.7	7:21	4:57	
10	Tue	12:26	5.1	11:08 AM	7.2	4:54	2.7	6:00	-1.7	7:22	4:58	
11	Wed	1:14	5.2	11:56 AM	6.9	5:54	2.6	6:48	-1.6	7:22	4:58	
12	Thu	2:02	5.3	12:50	6.5	6:48	2.6	7:36	-1.2	7:23	4:58	
13	Fri	2:50	5.4	1:44	6.0	7:54	2.5	8:24	-0.7	7:24	4:58	
14	Sat	3:38	5.4	2:44	5.3	9:06	2.4	9:18	-0.1	7:25	4:58	
15	Sun	4:26	5.5	3:56	4.6	10:24	2.1	10:12	0.6	7:25	4:59	
16	Mon	5:14	5.6	5:14	4.1	11:36	1.7	11:06	1.2	7:26	4:59	
17	Tue	6:02	5.7	6:50	3.9			12:48	1.3	7:26	4:59	
18	Wed	6:50	5.9	8:14	3.9	12:00	1.8	1:48	0.8	7:27	5:00	
19	Thu	7:32	6.0	9:26	4.1	1:00	2.3	2:42	0.4	7:28	5:00	
20	Fri	8:14	6.0	10:20	4.4	1:54	2.6	3:24	0.0	7:28	5:01	
21	Sat	8:50	6.1	11:08	4.6	2:42	2.8	4:00	-0.2	7:29	5:01	
22	Sun	9:26	6.1	11:44	4.7	3:30	3.0	4:36	-0.4	7:29	5:02	
23	Mon	10:02	6.1			4:12	3.0	5:06	-0.5	7:30	5:02	
24	Tue	12:20	4.7	10:38 AM	6.1	4:48	3.1	5:42	-0.5	7:30	5:03	
25	Wed	12:56	4.8	11:14 AM	6.0	5:24	3.0	6:12	-0.5	7:30	5:03	
26	Thu	1:26	4.8	11:50 AM	5.9	6:06	3.0	6:42	-0.5	7:31	5:04	
27	Fri	1:56	4.9	12:26	5.7	6:42	2.9	7:12	-0.4	7:31	5:05	
28	Sat	2:26	4.9	1:08	5.3	7:24	2.8	7:48	-0.1	7:31	5:05	
29	Sun	3:02	5.1	1:56	5.0	8:18	2.6	8:24	0.2	7:32	5:06	
30	Mon	3:38	5.2	2:50	4.5	9:12	2.4	9:06	0.7	7:32	5:07	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	4:14	5.4	4:14	4.1	10:24	2.0	9:54	1.2	7:32	5:08	