

Alcatraz Island, CA - Jan 1849

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:48	5.4	4:24	4.3	10:44	2.2	10:28	0.9	7:32	5:08	
2	Tue	5:35	5.6	5:54	4.0	11:58	1.7	11:27	1.4	7:32	5:09	
3	Wed	6:23	5.9	7:25	4.0			1:04	1.0	7:32	5:10	
4	Thu	7:12	6.3	8:44	4.3	12:29	1.8	2:03	0.3	7:32	5:11	
5	Fri	8:02	6.6	9:50	4.6	1:31	2.1	2:56	-0.4	7:33	5:12	
6	Sat	8:51	6.9	10:46	4.9	2:30	2.3	3:46	-0.9	7:32	5:13	
7	Sun	9:41	7.0	11:37	5.2	3:26	2.4	4:34	-1.3	7:32	5:14	
8	Mon	10:30	7.0			4:20	2.4	5:20	-1.4	7:32	5:15	
9	Tue	12:25	5.3	11:18 AM	6.9	5:13	2.4	6:05	-1.3	7:32	5:16	
10	Wed	1:10	5.5	12:07	6.6	6:06	2.3	6:49	-1.1	7:32	5:16	
11	Thu	1:55	5.5	12:56	6.2	7:00	2.3	7:33	-0.7	7:32	5:17	
12	Fri	2:38	5.5	1:46	5.6	7:57	2.2	8:17	-0.2	7:32	5:18	
13	Sat	3:22	5.5	2:39	5.0	8:58	2.2	9:02	0.3	7:31	5:19	
14	Sun	4:07	5.5	3:40	4.4	10:05	2.1	9:49	1.0	7:31	5:20	
15	Mon	4:52	5.4	4:55	3.9	11:16	1.9	10:43	1.5	7:31	5:22	
16	Tue	5:39	5.5	6:25	3.7			12:25	1.5	7:30	5:23	
17	Wed	6:25	5.5	7:55	3.8			1:26	1.2	7:30	5:24	
18	Thu	7:11	5.6	9:06	4.0	12:43	2.4	2:17	0.8	7:30	5:25	
19	Fri	7:54	5.8	9:59	4.2	1:41	2.7	3:02	0.4	7:29	5:26	
20	Sat	8:35	5.9	10:41	4.4	2:32	2.8	3:40	0.1	7:29	5:27	
21	Sun	9:15	6.0	11:18	4.6	3:17	2.8	4:16	-0.2	7:28	5:28	
22	Mon	9:54	6.1	11:51	4.7	3:57	2.8	4:49	-0.4	7:28	5:29	
23	Tue	10:32	6.1			4:34	2.7	5:21	-0.5	7:27	5:30	
24	Wed	12:23	4.9	11:11 AM	6.1	5:11	2.6	5:53	-0.6	7:26	5:31	
25	Thu	12:55	5.0	11:50 AM	6.0	5:49	2.5	6:26	-0.6	7:26	5:32	
26	Fri	1:27	5.1	12:30	5.8	6:29	2.3	7:01	-0.4	7:25	5:33	
27	Sat	2:01	5.2	1:14	5.5	7:14	2.2	7:38	-0.1	7:24	5:35	
28	Sun	2:37	5.4	2:04	5.1	8:04	2.0	8:19	0.3	7:24	5:36	
29	Mon	3:16	5.5	3:04	4.6	9:03	1.8	9:04	0.8	7:23	5:37	
30	Tue	4:00	5.6	4:20	4.2	10:11	1.5	9:56	1.4	7:22	5:38	
31	Wed	4:49	5.8	5:52	3.9	11:26	1.1	10:58	1.9	7:21	5:39	