

Alcatraz Island, CA - Mar 1849

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:11	5.8	5:57	4.1	10:59	0.5	10:45	2.4	6:47	6:10	
2	Fri	5:12	5.8	7:25	4.2			12:16	0.2	6:46	6:11	
3	Sat	6:20	5.8	8:34	4.5	12:06	2.6	1:26	-0.1	6:45	6:12	
4	Sun	7:27	5.9	9:28	4.9	1:22	2.5	2:25	-0.3	6:43	6:13	
5	Mon	8:29	6.0	10:13	5.1	2:27	2.3	3:16	-0.5	6:42	6:14	
6	Tue	9:25	6.1	10:53	5.3	3:22	1.9	4:02	-0.5	6:40	6:15	
7	Wed	10:16	6.0	11:30	5.5	4:11	1.6	4:43	-0.4	6:39	6:16	
8	Thu	11:04	5.9			4:57	1.3	5:21	-0.2	6:37	6:17	
9	Fri	12:04	5.5	11:50 AM	5.7	5:40	1.1	5:57	0.1	6:36	6:18	
10	Sat	12:37	5.5	12:35	5.3	6:22	0.9	6:33	0.5	6:34	6:19	
11	Sun	1:08	5.5	1:20	5.0	7:03	0.8	7:08	1.0	6:33	6:20	
12	Mon	1:39	5.4	2:06	4.6	7:45	0.8	7:44	1.4	6:31	6:21	
13	Tue	2:10	5.3	2:59	4.2	8:30	0.8	8:23	1.9	6:30	6:22	
14	Wed	2:45	5.2	4:01	3.9	9:20	0.9	9:10	2.4	6:28	6:23	
15	Thu	3:26	5.0	5:20	3.8	10:19	0.9	10:12	2.8	6:27	6:24	
16	Fri	4:17	4.9	6:49	3.8	11:26	0.9	11:33	2.9	6:25	6:24	
17	Sat	5:18	4.8	7:59	4.0			12:33	0.8	6:24	6:25	
18	Sun	6:23	4.9	8:47	4.2	12:49	2.9	1:30	0.6	6:22	6:26	
19	Mon	7:25	5.0	9:23	4.5	1:47	2.7	2:19	0.3	6:21	6:27	
20	Tue	8:20	5.2	9:55	4.7	2:35	2.4	3:00	0.1	6:19	6:28	
21	Wed	9:10	5.4	10:25	5.0	3:15	2.0	3:38	0.0	6:18	6:29	
22	Thu	9:58	5.5	10:56	5.2	3:53	1.6	4:14	-0.1	6:16	6:30	
23	Fri	10:45	5.6	11:27	5.5	4:32	1.1	4:50	0.0	6:15	6:31	
24	Sat	11:33	5.6			5:11	0.7	5:27	0.2	6:13	6:32	
25	Sun	12:00	5.7	12:22	5.4	5:54	0.3	6:06	0.5	6:12	6:33	
26	Mon	12:35	5.9	1:15	5.2	6:39	0.0	6:47	1.0	6:10	6:34	
27	Tue	1:13	6.0	2:13	4.9	7:29	-0.2	7:32	1.4	6:09	6:35	
28	Wed	1:55	6.0	3:18	4.6	8:23	-0.3	8:23	1.9	6:07	6:36	
29	Thu	2:44	5.9	4:33	4.4	9:25	-0.2	9:26	2.4	6:05	6:36	
30	Fri	3:41	5.7	5:54	4.4	10:35	-0.1	10:46	2.6	6:04	6:37	
31	Sat	4:48	5.5	7:09	4.5	11:50	-0.1			6:02	6:38	