

Alcatraz Island, CA - Mar 1850

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:44	5.8	1:50	5.2	7:36	0.9	7:45	0.6	6:48	6:10	
2	Sat	2:23	5.7	2:47	4.7	8:30	0.8	8:28	1.3	6:46	6:11	
3	Sun	3:02	5.6	3:53	4.2	9:27	0.9	9:17	1.9	6:45	6:12	
4	Mon	3:46	5.4	5:15	3.9	10:31	0.9	10:18	2.4	6:44	6:13	
5	Tue	4:36	5.2	6:49	3.9	11:41	0.9	11:33	2.8	6:42	6:14	
6	Wed	5:33	5.1	8:09	4.1			12:48	0.7	6:41	6:15	
7	Thu	6:34	5.1	9:04	4.3	12:49	2.9	1:47	0.5	6:39	6:16	
8	Fri	7:32	5.2	9:45	4.5	1:52	2.8	2:36	0.3	6:38	6:17	
9	Sat	8:24	5.3	10:18	4.6	2:42	2.6	3:18	0.2	6:36	6:18	
10	Sun	9:11	5.4	10:46	4.8	3:24	2.4	3:54	0.1	6:35	6:19	
11	Mon	9:54	5.5	11:13	4.9	4:01	2.1	4:26	0.0	6:33	6:20	
12	Tue	10:34	5.5	11:39	5.0	4:36	1.8	4:57	0.0	6:32	6:20	
13	Wed	11:15	5.5			5:09	1.5	5:27	0.1	6:30	6:21	
14	Thu	12:06	5.2	11:56 AM	5.4	5:43	1.2	5:58	0.3	6:29	6:22	
15	Fri	12:35	5.3	12:39	5.2	6:19	1.0	6:31	0.6	6:27	6:23	
16	Sat	1:04	5.5	1:26	4.9	6:59	0.7	7:06	1.0	6:26	6:24	
17	Sun	1:37	5.6	2:19	4.6	7:44	0.5	7:45	1.5	6:24	6:25	
18	Mon	2:14	5.6	3:23	4.3	8:36	0.4	8:31	2.0	6:23	6:26	
19	Tue	2:58	5.6	4:41	4.1	9:37	0.3	9:28	2.4	6:21	6:27	
20	Wed	3:51	5.5	6:09	4.1	10:47	0.2	10:44	2.7	6:20	6:28	
21	Thu	4:56	5.5	7:29	4.3			12:02	0.0	6:18	6:29	
22	Fri	6:09	5.5	8:29	4.6	12:10	2.8	1:12	-0.2	6:17	6:30	
23	Sat	7:21	5.6	9:18	4.9	1:25	2.5	2:12	-0.4	6:15	6:31	
24	Sun	8:26	5.8	10:00	5.2	2:27	2.0	3:04	-0.5	6:13	6:32	
25	Mon	9:26	5.9	10:38	5.5	3:21	1.5	3:50	-0.5	6:12	6:33	
26	Tue	10:21	5.8	11:15	5.7	4:11	1.0	4:33	-0.3	6:10	6:33	
27	Wed	11:13	5.7	11:50	5.8	4:58	0.6	5:13	0.0	6:09	6:34	
28	Thu			12:04	5.5	5:43	0.3	5:53	0.4	6:07	6:35	
29	Fri	12:25	5.8	12:54	5.2	6:27	0.1	6:32	0.9	6:06	6:36	
30	Sat	12:59	5.8	1:46	4.8	7:12	0.1	7:12	1.4	6:04	6:37	
31	Sun	1:33	5.6	2:41	4.5	7:57	0.1	7:55	2.0	6:03	6:38	