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# Alcatraz Island, CA - Jul 1854

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | **2:26** | 4.8 | **4:43** | 4.9 | **9:18** | 0.1 | **10:14** | 2.8 | 4:57 | 7:42 | |
| 2 | Sun | **3:24** | 4.4 | **5:19** | 5.1 | **10:00** | 0.5 | **11:22** | 2.3 | 4:58 | 7:42 | |
| 3 | Mon | **4:37** | 4.0 | **5:56** | 5.4 | **10:47** | 1.0 | | | 4:58 | 7:42 | |
| 4 | Tue | **6:07** | 3.7 | **6:34** | 5.8 | **12:25** | 1.7 | **11:37 AM** | 1.6 | 4:59 | 7:42 | |
| 5 | Wed | **7:41** | 3.8 | **7:15** | 6.2 | **1:22** | 0.9 | **12:32** | 2.1 | 4:59 | 7:42 | |
| 6 | Thu | **9:04** | 4.0 | **7:58** | 6.5 | **2:14** | 0.2 | **1:28** | 2.5 | 5:00 | 7:41 | |
| 7 | Fri | **10:13** | 4.3 | **8:45** | 6.9 | **3:05** | -0.5 | **2:24** | 2.8 | 5:01 | 7:41 | |
| 8 | Sat | **11:10** | 4.6 | **9:34** | 7.1 | **3:54** | -1.1 | **3:19** | 3.0 | 5:01 | 7:41 | |
| 9 | Sun | | | **12:02** | 4.8 | **4:43** | -1.5 | **4:15** | 3.1 | 5:02 | 7:40 | |
| 10 | Mon | | | **12:50** | 5.0 | **5:32** | -1.7 | **5:11** | 3.0 | 5:02 | 7:40 | |
| 11 | Tue | | | **1:36** | 5.1 | **6:21** | -1.7 | **6:08** | 2.9 | 5:03 | 7:40 | |
| 12 | Wed | **12:12** | 6.9 | **2:21** | 5.3 | **7:09** | -1.5 | **7:09** | 2.7 | 5:04 | 7:39 | |
| 13 | Thu | **1:07** | 6.4 | **3:05** | 5.4 | **7:57** | -1.1 | **8:14** | 2.5 | 5:04 | 7:39 | |
| 14 | Fri | **2:04** | 5.8 | **3:50** | 5.5 | **8:44** | -0.6 | **9:25** | 2.2 | 5:05 | 7:38 | |
| 15 | Sat | **3:06** | 5.1 | **4:35** | 5.6 | **9:31** | 0.1 | **10:40** | 1.9 | 5:06 | 7:38 | |
| 16 | Sun | **4:18** | 4.5 | **5:20** | 5.8 | **10:21** | 0.9 | **11:54** | 1.5 | 5:06 | 7:37 | |
| 17 | Mon | **5:44** | 4.0 | **6:05** | 5.9 | **11:14** | 1.6 | | | 5:07 | 7:37 | |
| 18 | Tue | **7:19** | 3.8 | **6:49** | 6.0 | **1:02** | 1.0 | **12:11** | 2.2 | 5:08 | 7:36 | |
| 19 | Wed | **8:46** | 4.0 | **7:32** | 6.0 | **2:01** | 0.6 | **1:10** | 2.7 | 5:09 | 7:36 | |
| 20 | Thu | **9:53** | 4.3 | **8:14** | 6.1 | **2:51** | 0.2 | **2:06** | 3.0 | 5:09 | 7:35 | |
| 21 | Fri | **10:46** | 4.5 | **8:54** | 6.1 | **3:35** | 0.0 | **2:57** | 3.2 | 5:10 | 7:34 | |
| 22 | Sat | **11:29** | 4.6 | **9:34** | 6.2 | **4:14** | -0.2 | **3:43** | 3.3 | 5:11 | 7:34 | |
| 23 | Sun | | | **12:07** | 4.7 | **4:50** | -0.3 | **4:25** | 3.3 | 5:12 | 7:33 | |
| 24 | Mon | | | **12:40** | 4.7 | **5:23** | -0.4 | **5:03** | 3.2 | 5:13 | 7:32 | |
| 25 | Tue | | | **1:10** | 4.8 | **5:55** | -0.4 | **5:40** | 3.1 | 5:13 | 7:31 | |
| 26 | Wed | | | **1:39** | 4.8 | **6:26** | -0.4 | **6:17** | 3.0 | 5:14 | 7:31 | |
| 27 | Thu | **12:04** | 5.9 | **2:08** | 4.9 | **6:57** | -0.3 | **6:56** | 2.9 | 5:15 | 7:30 | |
| 28 | Fri | **12:43** | 5.6 | **2:37** | 5.0 | **7:28** | -0.1 | **7:40** | 2.7 | 5:16 | 7:29 | |
| 29 | Sat | **1:24** | 5.3 | **3:07** | 5.1 | **8:00** | 0.2 | **8:30** | 2.5 | 5:17 | 7:28 | |
| 30 | Sun | **2:11** | 4.9 | **3:40** | 5.3 | **8:35** | 0.6 | **9:28** | 2.2 | 5:18 | 7:27 | |
| 31 | Mon | **3:09** | 4.4 | **4:16** | 5.5 | **9:14** | 1.2 | **10:34** | 1.8 | 5:18 | 7:26 | |