

Alcatraz Island, CA - Aug 1854

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:27	4.0	4:56	5.8	9:59	1.8	11:43	1.3	5:19	7:25	
2	Wed	6:06	3.8	5:43	6.0	10:54	2.4			5:20	7:24	
3	Thu	7:48	3.9	6:35	6.3	12:49	0.6	11:59 AM	2.9	5:21	7:23	
4	Fri	9:08	4.2	7:31	6.6	1:51	0.0	1:08	3.1	5:22	7:22	
5	Sat	10:07	4.6	8:28	6.9	2:47	-0.6	2:13	3.2	5:23	7:21	
6	Sun	10:56	4.8	9:24	7.1	3:39	-1.0	3:13	3.1	5:23	7:20	
7	Mon	11:40	5.1	10:19	7.2	4:29	-1.3	4:09	2.8	5:24	7:19	
8	Tue			12:21	5.2	5:16	-1.4	5:04	2.5	5:25	7:18	
9	Wed			1:00	5.4	6:01	-1.2	5:59	2.2	5:26	7:17	
10	Thu	12:05	6.7	1:39	5.5	6:44	-0.9	6:54	2.0	5:27	7:16	
11	Fri	12:59	6.2	2:18	5.7	7:26	-0.4	7:52	1.8	5:28	7:14	
12	Sat	1:54	5.6	2:57	5.8	8:08	0.3	8:54	1.6	5:29	7:13	
13	Sun	2:55	4.9	3:37	5.8	8:52	1.0	10:00	1.4	5:30	7:12	
14	Mon	4:07	4.3	4:20	5.8	9:39	1.8	11:11	1.2	5:30	7:11	
15	Tue	5:37	4.0	5:06	5.7	10:35	2.5			5:31	7:10	
16	Wed	7:18	4.0	5:57	5.7	12:21	1.0	11:43 AM	3.0	5:32	7:08	
17	Thu	8:41	4.3	6:50	5.7	1:25	0.7	12:54	3.3	5:33	7:07	
18	Fri	9:38	4.5	7:43	5.8	2:20	0.5	1:57	3.3	5:34	7:06	
19	Sat	10:22	4.7	8:31	5.9	3:07	0.2	2:48	3.3	5:35	7:04	
20	Sun	10:57	4.8	9:16	6.0	3:47	0.1	3:32	3.1	5:36	7:03	
21	Mon	11:28	4.8	9:57	6.0	4:23	-0.1	4:10	2.9	5:37	7:02	
22	Tue	11:56	4.9	10:36	6.0	4:55	-0.1	4:45	2.7	5:37	7:00	
23	Wed			12:21	4.9	5:25	-0.1	5:19	2.5	5:38	6:59	
24	Thu			12:47	5.1	5:54	-0.1	5:55	2.3	5:39	6:58	
25	Fri			1:13	5.2	6:22	0.1	6:32	2.0	5:40	6:56	
26	Sat	12:34	5.5	1:39	5.3	6:51	0.4	7:14	1.8	5:41	6:55	
27	Sun	1:18	5.2	2:08	5.5	7:22	0.9	8:00	1.5	5:42	6:53	
28	Mon	2:10	4.8	2:40	5.7	7:56	1.4	8:54	1.3	5:43	6:52	
29	Tue	3:14	4.3	3:18	5.8	8:36	2.0	9:57	1.0	5:43	6:50	
30	Wed	4:38	4.0	4:05	5.9	9:24	2.6	11:08	0.7	5:44	6:49	
31	Thu	6:21	4.0	5:03	6.0	10:29	3.1			5:45	6:48	