

Alcatraz Island, CA - Mar 1856

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:56	5.5	9:23	4.2			1:33	0.0	6:47	6:10	
2	Sun	7:06	5.7	9:58	4.4	1:12	3.5	2:29	-0.4	6:46	6:11	
3	Mon	8:10	6.0	10:30	4.7	2:15	3.1	3:18	-0.8	6:44	6:12	
4	Tue	9:08	6.3	11:02	5.0	3:08	2.7	4:02	-1.1	6:43	6:13	
5	Wed	10:03	6.4	11:34	5.2	3:58	2.1	4:43	-1.1	6:41	6:14	
6	Thu	10:57	6.4			4:47	1.5	5:23	-0.9	6:40	6:15	
7	Fri	12:06	5.6	11:51 AM	6.1	5:36	0.9	6:02	-0.4	6:38	6:16	
8	Sat	12:39	5.8	12:47	5.7	6:27	0.4	6:40	0.2	6:37	6:17	
9	Sun	1:13	6.1	1:46	5.2	7:20	0.1	7:20	0.9	6:35	6:18	
10	Mon	1:50	6.2	2:52	4.6	8:16	-0.1	8:03	1.7	6:34	6:19	
11	Tue	2:30	6.1	4:11	4.2	9:18	-0.1	8:54	2.4	6:32	6:20	
12	Wed	3:17	6.0	5:47	4.0	10:28	0.0	10:01	3.0	6:31	6:21	
13	Thu	4:12	5.7	7:24	4.2	11:45	0.1	11:32	3.3	6:29	6:22	
14	Fri	5:20	5.4	8:33	4.4			1:00	0.0	6:28	6:23	
15	Sat	6:34	5.3	9:22	4.7	1:01	3.2	2:04	0.0	6:26	6:24	
16	Sun	7:42	5.3	10:01	4.8	2:08	2.9	2:55	-0.1	6:25	6:25	
17	Mon	8:40	5.3	10:33	4.9	3:00	2.6	3:36	-0.1	6:23	6:26	
18	Tue	9:28	5.3	11:00	4.9	3:42	2.2	4:11	-0.1	6:22	6:27	
19	Wed	10:12	5.3	11:24	5.0	4:20	1.8	4:40	0.1	6:20	6:28	
20	Thu	10:52	5.2	11:44	5.1	4:55	1.5	5:07	0.3	6:19	6:28	
21	Fri	11:31	5.0			5:28	1.2	5:32	0.7	6:17	6:29	
22	Sat	12:04	5.2	12:11	4.8	6:00	0.9	5:57	1.0	6:16	6:30	
23	Sun	12:25	5.3	12:53	4.5	6:32	0.7	6:23	1.5	6:14	6:31	
24	Mon	12:47	5.4	1:38	4.3	7:07	0.5	6:49	1.9	6:13	6:32	
25	Tue	1:11	5.4	2:30	4.0	7:45	0.3	7:18	2.4	6:11	6:33	
26	Wed	1:40	5.4	3:35	3.8	8:30	0.3	7:52	2.9	6:10	6:34	
27	Thu	2:16	5.4	5:02	3.7	9:24	0.2	8:37	3.2	6:08	6:35	
28	Fri	3:04	5.3	6:43	3.8	10:30	0.2	9:55	3.5	6:07	6:36	
29	Sat	4:08	5.2	7:54	4.0	11:44	0.0	11:43	3.5	6:05	6:37	
30	Sun	5:26	5.2	8:37	4.3			12:54	-0.2	6:03	6:38	
31	Mon	6:44	5.3	9:11	4.6	1:05	3.1	1:52	-0.5	6:02	6:39	