

Alcatraz Island, CA - Mar 1857

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:47	6.2	4:23	4.0	9:33	0.1	9:01	2.4	6:47	6:10	
2	Mon	3:34	6.1	6:06	3.9	10:47	0.1	10:07	3.0	6:46	6:11	
3	Tue	4:33	6.0	7:45	4.1			12:08	0.0	6:44	6:12	
4	Wed	5:44	5.8	8:53	4.4			1:23	-0.2	6:43	6:13	
5	Thu	6:58	5.8	9:41	4.7	1:09	3.3	2:26	-0.4	6:42	6:14	
6	Fri	8:05	5.8	10:20	4.9	2:19	2.9	3:17	-0.5	6:40	6:15	
7	Sat	9:03	5.8	10:55	5.1	3:14	2.5	3:59	-0.5	6:39	6:16	
8	Sun	9:54	5.8	11:25	5.1	4:01	2.1	4:35	-0.4	6:37	6:17	
9	Mon	10:39	5.6	11:52	5.2	4:43	1.8	5:07	-0.2	6:36	6:18	
10	Tue	11:22	5.4			5:22	1.5	5:37	0.2	6:34	6:19	
11	Wed	12:17	5.2	12:03	5.1	5:58	1.2	6:04	0.6	6:33	6:20	
12	Thu	12:39	5.3	12:45	4.8	6:34	1.0	6:31	1.1	6:31	6:21	
13	Fri	1:00	5.3	1:28	4.5	7:10	0.8	6:58	1.6	6:30	6:22	
14	Sat	1:23	5.4	2:17	4.1	7:48	0.7	7:26	2.1	6:28	6:23	
15	Sun	1:48	5.4	3:15	3.8	8:30	0.6	7:55	2.6	6:27	6:24	
16	Mon	2:20	5.3	4:34	3.6	9:20	0.7	8:29	3.1	6:25	6:25	
17	Tue	3:00	5.2	6:27	3.6	10:22	0.7	9:26	3.4	6:24	6:25	
18	Wed	3:54	5.1	8:04	3.8	11:35	0.6	11:15	3.6	6:22	6:26	
19	Thu	5:03	5.0	8:48	4.1			12:46	0.3	6:21	6:27	
20	Fri	6:17	5.1	9:18	4.3	12:49	3.4	1:44	0.0	6:19	6:28	
21	Sat	7:25	5.3	9:45	4.5	1:50	3.1	2:32	-0.3	6:18	6:29	
22	Sun	8:25	5.5	10:12	4.8	2:38	2.6	3:14	-0.5	6:16	6:30	
23	Mon	9:20	5.7	10:39	5.1	3:22	2.0	3:52	-0.5	6:15	6:31	
24	Tue	10:14	5.7	11:07	5.5	4:05	1.3	4:29	-0.3	6:13	6:32	
25	Wed	11:08	5.7	11:37	5.8	4:50	0.6	5:06	0.1	6:11	6:33	
26	Thu			12:04	5.5	5:36	0.0	5:43	0.6	6:10	6:34	
27	Fri	12:10	6.1	1:02	5.1	6:25	-0.5	6:22	1.2	6:08	6:35	
28	Sat	12:44	6.3	2:04	4.8	7:16	-0.7	7:04	1.9	6:07	6:36	
29	Sun	1:23	6.4	3:15	4.4	8:11	-0.8	7:52	2.5	6:05	6:36	
30	Mon	2:08	6.2	4:36	4.2	9:13	-0.7	8:51	3.0	6:04	6:37	
31	Tue	3:02	5.9	6:06	4.2	10:24	-0.5	10:15	3.3	6:02	6:38	