US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 1857

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**5:04**	4.8	**7:35**	4.9			**12:13**	-0.1	5:20	7:07	
2	Sat	**6:23**	4.5	**8:16**	5.0	**1:03**	2.4	**1:09**	0.2	5:19	7:07	
3	Sun	**7:38**	4.3	**8:50**	5.2	**2:03**	1.8	**1:56**	0.5	5:17	7:08	
4	Mon	**8:43**	4.2	**9:19**	5.4	**2:52**	1.2	**2:36**	0.8	5:16	7:09	
5	Tue	**9:41**	4.2	**9:44**	5.5	**3:34**	0.7	**3:12**	1.2	5:15	7:10	
6	Wed	**10:34**	4.2	**10:07**	5.6	**4:11**	0.3	**3:45**	1.7	5:14	7:11	
7	Thu	**11:24**	4.2	**10:30**	5.7	**4:45**	-0.1	**4:17**	2.1	5:13	7:12	
8	Fri			**12:10**	4.2	**5:17**	-0.3	**4:48**	2.5	5:12	7:13	
9	Sat			**12:56**	4.2	**5:48**	-0.5	**5:20**	2.8	5:11	7:14	
10	Sun			**1:41**	4.2	**6:21**	-0.6	**5:54**	3.0	5:10	7:15	
11	Mon			**2:28**	4.2	**6:56**	-0.6	**6:29**	3.2	5:09	7:16	
12	Tue	**12:26**	5.6	**3:18**	4.1	**7:36**	-0.6	**7:10**	3.4	5:08	7:16	
13	Wed	**1:05**	5.4	**4:12**	4.1	**8:20**	-0.5	**8:02**	3.5	5:07	7:17	
14	Thu	**1:50**	5.2	**5:06**	4.2	**9:10**	-0.5	**9:12**	3.5	5:06	7:18	
15	Fri	**2:45**	4.9	**5:55**	4.3	**10:04**	-0.3	**10:38**	3.2	5:06	7:19	
16	Sat	**3:51**	4.7	**6:37**	4.6	**11:00**	-0.2	**11:57**	2.8	5:05	7:20	
17	Sun	**5:09**	4.4	**7:12**	4.9	**11:55**	0.0			5:04	7:21	
18	Mon	**6:32**	4.3	**7:46**	5.3	**1:01**	2.0	**12:46**	0.3	5:03	7:22	
19	Tue	**7:52**	4.2	**8:19**	5.8	**1:56**	1.2	**1:35**	0.7	5:02	7:22	
20	Wed	**9:06**	4.3	**8:54**	6.2	**2:45**	0.3	**2:22**	1.2	5:02	7:23	
21	Thu	**10:15**	4.5	**9:31**	6.6	**3:33**	-0.6	**3:08**	1.7	5:01	7:24	
22	Fri	**11:19**	4.6	**10:11**	6.8	**4:21**	-1.2	**3:55**	2.2	5:00	7:25	
23	Sat			**12:20**	4.8	**5:10**	-1.7	**4:45**	2.6	5:00	7:26	
24	Sun			**1:18**	4.8	**5:59**	-1.9	**5:36**	2.9	4:59	7:27	
25	Mon			**2:15**	4.8	**6:49**	-1.8	**6:33**	3.1	4:58	7:27	
26	Tue	**12:31**	6.5	**3:12**	4.8	**7:42**	-1.6	**7:35**	3.1	4:58	7:28	
27	Wed	**1:24**	6.1	**4:08**	4.8	**8:36**	-1.2	**8:47**	3.1	4:57	7:29	
28	Thu	**2:20**	5.6	**5:03**	4.8	**9:31**	-0.8	**10:07**	2.9	4:57	7:30	
29	Fri	**3:23**	5.0	**5:54**	4.9	**10:27**	-0.3	**11:27**	2.6	4:56	7:30	
30	Sat	**4:34**	4.4	**6:40**	5.1	**11:21**	0.2			4:56	7:31	
31	Sun	**5:53**	4.0	**7:19**	5.3	**12:37**	2.1	**12:12**	0.7	4:56	7:32	