

Alcatraz Island, CA - Jun 1857

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:16	3.7	7:52	5.4	1:37	1.5	12:59	1.2	4:55	7:32	
2	Tue	8:33	3.7	8:22	5.6	2:27	0.9	1:43	1.7	4:55	7:33	
3	Wed	9:41	3.8	8:50	5.7	3:10	0.4	2:24	2.2	4:55	7:34	
4	Thu	10:39	4.0	9:17	5.8	3:48	0.0	3:04	2.6	4:54	7:34	
5	Fri	11:30	4.1	9:47	5.9	4:23	-0.3	3:42	2.9	4:54	7:35	
6	Sat			12:15	4.3	4:57	-0.5	4:20	3.2	4:54	7:35	
7	Sun			12:57	4.4	5:30	-0.7	4:57	3.3	4:54	7:36	
8	Mon			1:38	4.4	6:05	-0.8	5:35	3.4	4:53	7:37	
9	Tue			2:17	4.4	6:41	-0.9	6:15	3.4	4:53	7:37	
10	Wed	12:08	5.8	2:57	4.4	7:19	-0.9	7:00	3.4	4:53	7:38	
11	Thu	12:49	5.7	3:37	4.5	8:00	-0.8	7:53	3.3	4:53	7:38	
12	Fri	1:35	5.4	4:17	4.6	8:42	-0.7	8:58	3.2	4:53	7:38	
13	Sat	2:28	5.0	4:56	4.8	9:28	-0.4	10:12	2.8	4:53	7:39	
14	Sun	3:31	4.6	5:34	5.1	10:15	0.0	11:27	2.3	4:53	7:39	
15	Mon	4:50	4.2	6:12	5.5	11:05	0.5			4:53	7:40	
16	Tue	6:22	3.9	6:51	5.9	12:35	1.5	11:57 AM	1.1	4:53	7:40	
17	Wed	7:54	3.9	7:31	6.3	1:35	0.6	12:50	1.7	4:53	7:40	
18	Thu	9:16	4.1	8:14	6.7	2:30	-0.2	1:44	2.3	4:53	7:41	
19	Fri	10:27	4.4	8:59	6.9	3:21	-0.9	2:39	2.7	4:54	7:41	
20	Sat	11:27	4.6	9:47	7.1	4:11	-1.4	3:34	3.0	4:54	7:41	
21	Sun			12:21	4.8	5:00	-1.7	4:30	3.1	4:54	7:41	
22	Mon			1:12	4.9	5:49	-1.7	5:26	3.1	4:54	7:42	
23	Tue			1:59	5.0	6:37	-1.6	6:24	3.1	4:54	7:42	
24	Wed	12:17	6.5	2:45	5.0	7:24	-1.4	7:24	3.0	4:55	7:42	
25	Thu	1:08	6.1	3:30	5.1	8:10	-1.0	8:28	2.8	4:55	7:42	
26	Fri	2:01	5.5	4:13	5.1	8:55	-0.5	9:36	2.6	4:55	7:42	
27	Sat	2:57	4.8	4:55	5.2	9:39	0.1	10:48	2.3	4:56	7:42	
28	Sun	4:02	4.2	5:34	5.3	10:24	0.8	11:58	1.9	4:56	7:42	
29	Mon	5:21	3.7	6:11	5.4	11:11	1.4			4:57	7:42	
30	Tue	6:56	3.5	6:47	5.6	1:00	1.4	12:00	2.0	4:57	7:42	