

Alcatraz Island, CA - Aug 1858

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:39	4.1	4:03	5.9	9:10	1.7	10:47	1.2	5:19	7:25	
2	Mon	5:11	3.8	4:47	6.1	9:57	2.4	11:59	0.7	5:20	7:24	
3	Tue	7:02	3.7	5:41	6.3	10:59	3.0			5:21	7:23	
4	Wed	8:36	4.0	6:41	6.5	1:09	0.2	12:15	3.3	5:22	7:22	
5	Thu	9:40	4.4	7:44	6.8	2:11	-0.4	1:29	3.4	5:23	7:21	
6	Fri	10:29	4.7	8:44	7.0	3:08	-0.8	2:35	3.2	5:24	7:20	
7	Sat	11:11	4.9	9:41	7.1	3:58	-1.1	3:35	2.9	5:24	7:19	
8	Sun	11:50	5.1	10:36	7.0	4:45	-1.2	4:30	2.6	5:25	7:18	
9	Mon			12:27	5.3	5:29	-1.1	5:23	2.2	5:26	7:17	
10	Tue			1:03	5.5	6:09	-0.8	6:16	1.9	5:27	7:16	
11	Wed	12:20	6.3	1:38	5.7	6:48	-0.4	7:10	1.6	5:28	7:14	
12	Thu	1:12	5.7	2:13	5.8	7:26	0.3	8:05	1.4	5:29	7:13	
13	Fri	2:08	5.1	2:48	5.8	8:04	1.0	9:04	1.3	5:30	7:12	
14	Sat	3:11	4.5	3:25	5.8	8:44	1.7	10:07	1.2	5:30	7:11	
15	Sun	4:29	4.0	4:06	5.7	9:29	2.4	11:15	1.1	5:31	7:10	
16	Mon	6:11	3.8	4:53	5.7	10:28	3.1			5:32	7:08	
17	Tue	7:56	4.0	5:48	5.6	12:25	0.9	11:46 AM	3.4	5:33	7:07	
18	Wed	9:06	4.3	6:47	5.6	1:28	0.7	1:02	3.6	5:34	7:06	
19	Thu	9:52	4.5	7:43	5.7	2:23	0.4	2:03	3.5	5:35	7:04	
20	Fri	10:27	4.6	8:33	5.9	3:08	0.2	2:52	3.3	5:36	7:03	
21	Sat	10:56	4.7	9:18	6.0	3:47	0.0	3:32	3.1	5:37	7:02	
22	Sun	11:22	4.8	10:00	6.0	4:21	-0.1	4:09	2.8	5:37	7:00	
23	Mon	11:46	4.9	10:40	6.0	4:51	-0.2	4:44	2.5	5:38	6:59	
24	Tue			12:10	5.0	5:20	-0.1	5:19	2.2	5:39	6:58	
25	Wed			12:34	5.2	5:48	0.0	5:56	1.9	5:40	6:56	
26	Thu	12:02	5.6	12:59	5.5	6:16	0.3	6:37	1.6	5:41	6:55	
27	Fri	12:47	5.3	1:26	5.7	6:46	0.8	7:21	1.3	5:42	6:53	
28	Sat	1:37	4.9	1:56	5.9	7:19	1.3	8:11	1.0	5:43	6:52	
29	Sun	2:38	4.5	2:31	6.0	7:55	2.0	9:09	0.8	5:43	6:50	
30	Mon	3:54	4.1	3:14	6.1	8:37	2.6	10:17	0.6	5:44	6:49	
31	Tue	5:33	3.9	4:09	6.1	9:33	3.1	11:34	0.3	5:45	6:47	