

Alcatraz Island, CA - Jan 1859

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:05	6.2	11:41	4.7	3:06	3.3	4:23	-0.5	7:32	5:08	
2	Sun	9:44	6.2			3:53	3.3	4:58	-0.6	7:32	5:09	
3	Mon	12:19	4.7	10:22 AM	6.2	4:34	3.3	5:32	-0.6	7:32	5:10	
4	Tue	12:52	4.7	10:59 AM	6.1	5:12	3.3	6:04	-0.6	7:32	5:11	
5	Wed	1:23	4.7	11:35 AM	6.0	5:49	3.2	6:35	-0.6	7:32	5:11	
6	Thu	1:51	4.7	12:11	5.7	6:27	3.1	7:05	-0.4	7:32	5:12	
7	Fri	2:19	4.8	12:49	5.4	7:07	2.9	7:36	-0.2	7:32	5:13	
8	Sat	2:47	4.9	1:29	5.0	7:52	2.8	8:07	0.2	7:32	5:14	
9	Sun	3:16	5.0	2:16	4.6	8:44	2.6	8:41	0.6	7:32	5:15	
10	Mon	3:48	5.2	3:15	4.1	9:44	2.3	9:18	1.2	7:32	5:16	
11	Tue	4:22	5.4	4:37	3.6	10:52	1.8	10:01	1.9	7:32	5:17	
12	Wed	5:02	5.6	6:26	3.5			12:02	1.3	7:32	5:18	
13	Thu	5:47	5.9	8:13	3.7			1:06	0.6	7:31	5:19	
14	Fri	6:38	6.2	9:29	4.1	12:02	3.0	2:05	-0.1	7:31	5:20	
15	Sat	7:33	6.5	10:24	4.4	1:13	3.2	2:58	-0.7	7:31	5:21	
16	Sun	8:29	6.8	11:10	4.7	2:18	3.3	3:48	-1.2	7:31	5:22	
17	Mon	9:25	7.1	11:52	5.0	3:18	3.2	4:36	-1.6	7:30	5:23	
18	Tue	10:19	7.2			4:14	2.9	5:22	-1.7	7:30	5:24	
19	Wed	12:32	5.2	11:12 AM	7.1	5:08	2.6	6:07	-1.6	7:29	5:25	
20	Thu	1:10	5.4	12:05	6.7	6:03	2.3	6:49	-1.3	7:29	5:26	
21	Fri	1:49	5.5	12:59	6.2	7:00	2.0	7:30	-0.7	7:28	5:27	
22	Sat	2:27	5.7	1:55	5.5	8:00	1.7	8:11	0.0	7:28	5:29	
23	Sun	3:06	5.8	2:57	4.8	9:04	1.5	8:53	0.8	7:27	5:30	
24	Mon	3:47	5.9	4:11	4.1	10:13	1.2	9:38	1.6	7:27	5:31	
25	Tue	4:31	5.9	5:47	3.7	11:27	1.0	10:33	2.3	7:26	5:32	
26	Wed	5:19	5.9	7:37	3.7			12:39	0.7	7:25	5:33	
27	Thu	6:11	5.8	9:03	4.0			1:43	0.4	7:25	5:34	
28	Fri	7:05	5.8	10:01	4.4	12:57	3.3	2:38	0.1	7:24	5:35	
29	Sat	7:57	5.9	10:44	4.6	2:04	3.4	3:25	-0.1	7:23	5:36	
30	Sun	8:45	5.9	11:19	4.7	2:59	3.3	4:05	-0.3	7:22	5:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	9:29	6.0	11:49	4.7	3:44	3.2	4:39	-0.4	7:21	5:38	