

Alcatraz Island, CA - Aug 1859

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:36	6.4	1:59	5.8	7:06	-0.7	7:30	1.6	5:19	7:25	
2	Tue	1:33	5.8	2:38	6.0	7:47	0.0	8:33	1.3	5:20	7:24	
3	Wed	2:35	5.1	3:18	6.1	8:29	0.8	9:40	1.1	5:21	7:23	
4	Thu	3:47	4.4	4:02	6.2	9:15	1.6	10:52	0.9	5:22	7:22	
5	Fri	5:15	4.0	4:50	6.1	10:08	2.3			5:22	7:21	
6	Sat	6:59	3.9	5:44	6.1	12:05	0.7	11:15 AM	2.9	5:23	7:20	
7	Sun	8:29	4.2	6:41	6.0	1:13	0.4	12:32	3.3	5:24	7:19	
8	Mon	9:33	4.5	7:37	6.0	2:13	0.2	1:42	3.4	5:25	7:18	
9	Tue	10:19	4.7	8:29	6.1	3:04	0.0	2:39	3.3	5:26	7:17	
10	Wed	10:58	4.8	9:15	6.1	3:47	-0.1	3:27	3.2	5:27	7:16	
11	Thu	11:30	4.8	9:57	6.1	4:24	-0.2	4:08	3.0	5:28	7:15	
12	Fri	11:58	4.8	10:36	6.0	4:56	-0.2	4:45	2.8	5:29	7:14	
13	Sat			12:22	4.9	5:26	-0.1	5:20	2.6	5:29	7:12	
14	Sun			12:45	5.0	5:53	0.0	5:55	2.3	5:30	7:11	
15	Mon			1:07	5.1	6:19	0.2	6:31	2.1	5:31	7:10	
16	Tue	12:28	5.3	1:31	5.3	6:45	0.6	7:09	1.9	5:32	7:09	
17	Wed	1:10	5.0	1:56	5.5	7:13	1.0	7:51	1.7	5:33	7:07	
18	Thu	1:57	4.6	2:25	5.6	7:42	1.5	8:40	1.5	5:34	7:06	
19	Fri	2:54	4.2	2:58	5.7	8:15	2.1	9:37	1.3	5:35	7:05	
20	Sat	4:12	3.8	3:40	5.8	8:54	2.6	10:45	1.0	5:35	7:03	
21	Sun	5:56	3.7	4:32	5.9	9:48	3.1	11:59	0.6	5:36	7:02	
22	Mon	7:42	3.9	5:35	6.1	11:07	3.5			5:37	7:01	
23	Tue	8:50	4.2	6:43	6.3	1:10	0.2	12:33	3.5	5:38	6:59	
24	Wed	9:37	4.5	7:49	6.5	2:10	-0.3	1:45	3.3	5:39	6:58	
25	Thu	10:15	4.8	8:50	6.7	3:03	-0.7	2:45	2.9	5:40	6:56	
26	Fri	10:51	5.1	9:47	6.8	3:50	-0.9	3:40	2.3	5:41	6:55	
27	Sat	11:25	5.4	10:43	6.7	4:33	-0.9	4:33	1.8	5:42	6:54	
28	Sun			12:00	5.7	5:14	-0.6	5:25	1.3	5:42	6:52	
29	Mon			12:34	6.0	5:53	-0.2	6:17	0.9	5:43	6:51	
30	Tue	12:33	6.0	1:10	6.2	6:33	0.4	7:10	0.6	5:44	6:49	
31	Wed	1:31	5.4	1:47	6.3	7:12	1.1	8:06	0.5	5:45	6:48	