US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1860

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:00	5.6	8:29	4.0			12:37	0.2	6:47	6:10	
2	Fri	6:12	5.7	9:13	4.3	12:08	3.4	1:42	-0.2	6:46	6:11	
3	Sat	7:22	5.9	9:49	4.6	1:26	3.1	2:35	-0.6	6:44	6:12	
4	Sun	8:26	6.1	10:22	4.9	2:27	2.6	3:22	-0.8	6:43	6:13	
5	Mon	9:25	6.3	10:55	5.3	3:21	2.0	4:05	-0.9	6:41	6:14	
6	Tue	10:22	6.3	11:28	5.6	4:12	1.4	4:45	-0.7	6:40	6:15	
7	Wed	11:17	6.1			5:02	0.8	5:25	-0.3	6:38	6:16	
8	Thu	12:02	5.9	12:12	5.8	5:52	0.3	6:04	0.2	6:37	6:17	
9	Fri	12:37	6.2	1:10	5.3	6:43	-0.1	6:44	0.9	6:35	6:18	
10	Sat	1:13	6.3	2:10	4.9	7:36	-0.3	7:26	1.6	6:34	6:19	
11	Sun	1:53	6.3	3:18	4.4	8:32	-0.2	8:12	2.2	6:32	6:20	
12	Mon	2:36	6.1	4:39	4.1	9:34	-0.1	9:09	2.8	6:31	6:21	
13	Tue	3:27	5.8	6:14	4.0	10:44	0.1	10:28	3.1	6:29	6:22	
14	Wed	4:29	5.5	7:38	4.2			12:00	0.2	6:28	6:23	
15	Thu	5:40	5.2	8:37	4.4	12:02	3.2	1:10	0.2	6:26	6:24	
16	Fri	6:52	5.1	9:20	4.6	1:19	3.0	2:07	0.1	6:25	6:25	
17	Sat	7:56	5.1	9:54	4.7	2:18	2.6	2:53	0.1	6:23	6:26	
18	Sun	8:49	5.1	10:21	4.8	3:05	2.2	3:31	0.1	6:22	6:27	
19	Mon	9:36	5.1	10:45	4.9	3:45	1.9	4:03	0.3	6:20	6:28	
20	Tue	10:19	5.1	11:06	5.1	4:21	1.5	4:31	0.5	6:19	6:28	
21	Wed	11:01	5.0	11:27	5.2	4:55	1.2	4:58	0.7	6:17	6:29	
22	Thu	11:41	4.8	11:49	5.4	5:27	0.9	5:24	1.1	6:16	6:30	
23	Fri			12:23	4.7	5:58	0.6	5:51	1.4	6:14	6:31	
24	Sat	12:12	5.5	1:07	4.5	6:31	0.3	6:19	1.8	6:13	6:32	
25	Sun	12:38	5.6	1:55	4.2	7:07	0.2	6:49	2.2	6:11	6:33	
26	Mon	1:07	5.6	2:51	4.0	7:48	0.1	7:23	2.6	6:10	6:34	
27	Tue	1:42	5.6	4:00	3.8	8:37	0.0	8:05	3.0	6:08	6:35	
28	Wed	2:25	5.5	5:23	3.8	9:36	0.0	9:05	3.2	6:06	6:36	
29	Thu	3:21	5.4	6:45	3.9	10:45	0.0	10:34	3.3	6:05	6:37	
30	Fri	4:32	5.3	7:43	4.2	11:58	-0.1			6:03	6:38	
31	Sat	5:51	5.3	8:26	4.5	12:08	3.1	1:03	-0.3	6:02	6:39	