

Alcatraz Island, CA - May 1860

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:13	4.6	8:48	5.8	2:12	1.0	2:03	0.5	5:19	7:07	
2	Wed	9:23	4.7	9:24	6.1	3:04	0.2	2:50	0.9	5:18	7:08	
3	Thu	10:27	4.7	10:01	6.4	3:53	-0.5	3:35	1.4	5:17	7:09	
4	Fri	11:28	4.8	10:39	6.5	4:39	-1.1	4:20	1.9	5:16	7:10	
5	Sat			12:25	4.8	5:25	-1.4	5:06	2.3	5:15	7:10	
6	Sun			1:21	4.7	6:11	-1.4	5:54	2.6	5:14	7:11	
7	Mon			2:16	4.6	6:57	-1.3	6:44	2.9	5:13	7:12	
8	Tue	12:41	6.0	3:12	4.5	7:44	-1.1	7:40	3.0	5:12	7:13	
9	Wed	1:26	5.7	4:10	4.5	8:34	-0.7	8:45	3.1	5:11	7:14	
10	Thu	2:16	5.2	5:07	4.4	9:26	-0.4	10:01	3.1	5:10	7:15	
11	Fri	3:12	4.7	6:00	4.5	10:21	0.0	11:19	2.8	5:09	7:16	
12	Sat	4:17	4.3	6:44	4.6	11:16	0.3			5:08	7:17	
13	Sun	5:31	4.0	7:20	4.8	12:28	2.4	12:08	0.7	5:07	7:18	
14	Mon	6:49	3.8	7:51	5.0	1:26	1.9	12:55	1.0	5:06	7:18	
15	Tue	8:02	3.8	8:18	5.2	2:14	1.4	1:38	1.4	5:05	7:19	
16	Wed	9:06	3.8	8:45	5.4	2:56	0.8	2:17	1.7	5:05	7:20	
17	Thu	10:03	4.0	9:13	5.7	3:33	0.3	2:55	2.1	5:04	7:21	
18	Fri	10:55	4.1	9:43	5.9	4:07	-0.1	3:32	2.4	5:03	7:22	
19	Sat	11:44	4.3	10:16	6.0	4:41	-0.5	4:09	2.7	5:02	7:23	
20	Sun			12:31	4.4	5:16	-0.8	4:47	2.9	5:02	7:24	
21	Mon			1:17	4.4	5:53	-1.0	5:28	3.0	5:01	7:24	
22	Tue			2:04	4.5	6:34	-1.2	6:12	3.1	5:00	7:25	
23	Wed	12:12	6.1	2:52	4.5	7:18	-1.2	7:03	3.1	5:00	7:26	
24	Thu	12:59	5.9	3:40	4.5	8:05	-1.2	8:03	3.1	4:59	7:27	
25	Fri	1:51	5.6	4:29	4.7	8:55	-0.9	9:15	2.9	4:58	7:28	
26	Sat	2:52	5.2	5:16	4.9	9:47	-0.6	10:36	2.5	4:58	7:28	
27	Sun	4:03	4.7	6:01	5.2	10:42	-0.1	11:55	1.9	4:57	7:29	
28	Mon	5:26	4.3	6:44	5.6	11:36	0.4			4:57	7:30	
29	Tue	6:54	4.0	7:25	5.9	1:03	1.2	12:31	0.9	4:56	7:30	
30	Wed	8:19	4.0	8:06	6.3	2:02	0.4	1:24	1.5	4:56	7:31	
31	Thu	9:34	4.2	8:47	6.5	2:55	-0.3	2:16	2.0	4:56	7:32	