

Alcatraz Island, CA - Jan 1863

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:38	6.1	10:55	4.5	2:32	2.9	3:51	-0.2	7:32	5:08	
2	Fri	9:17	6.1	11:34	4.7	3:19	3.0	4:27	-0.3	7:32	5:09	
3	Sat	9:55	6.1			4:02	3.0	5:00	-0.4	7:32	5:10	
4	Sun	12:09	4.7	10:31 AM	6.1	4:41	2.9	5:31	-0.5	7:32	5:11	
5	Mon	12:41	4.8	11:08 AM	6.0	5:18	2.9	6:01	-0.5	7:32	5:11	
6	Tue	1:10	4.8	11:44 AM	5.9	5:55	2.8	6:31	-0.4	7:32	5:12	
7	Wed	1:39	4.9	12:21	5.6	6:33	2.7	7:01	-0.3	7:32	5:13	
8	Thu	2:09	5.0	1:00	5.3	7:14	2.6	7:32	0.0	7:32	5:14	
9	Fri	2:40	5.1	1:43	4.9	8:00	2.4	8:06	0.4	7:32	5:15	
10	Sat	3:13	5.2	2:34	4.5	8:54	2.2	8:43	0.8	7:32	5:16	
11	Sun	3:50	5.4	3:40	4.0	9:56	1.9	9:26	1.4	7:32	5:17	
12	Mon	4:31	5.6	5:07	3.7	11:05	1.5	10:18	1.9	7:32	5:18	
13	Tue	5:18	5.8	6:49	3.7			12:16	1.0	7:31	5:19	
14	Wed	6:10	6.1	8:20	3.9			1:20	0.3	7:31	5:20	
15	Thu	7:06	6.4	9:27	4.3	12:32	2.7	2:18	-0.3	7:31	5:21	
16	Fri	8:02	6.7	10:20	4.6	1:41	2.9	3:10	-0.8	7:31	5:22	
17	Sat	8:58	6.9	11:06	5.0	2:43	2.8	3:59	-1.2	7:30	5:23	
18	Sun	9:52	7.1	11:49	5.2	3:41	2.6	4:46	-1.4	7:30	5:24	
19	Mon	10:45	7.0			4:36	2.3	5:30	-1.4	7:29	5:25	
20	Tue	12:30	5.4	11:37 AM	6.8	5:30	2.0	6:14	-1.2	7:29	5:26	
21	Wed	1:10	5.6	12:29	6.4	6:24	1.8	6:56	-0.8	7:28	5:27	
22	Thu	1:50	5.8	1:22	5.8	7:20	1.6	7:38	-0.3	7:28	5:29	
23	Fri	2:30	5.9	2:18	5.2	8:19	1.5	8:20	0.4	7:27	5:30	
24	Sat	3:11	5.9	3:21	4.5	9:22	1.4	9:05	1.1	7:27	5:31	
25	Sun	3:55	5.8	4:37	4.0	10:31	1.3	9:56	1.8	7:26	5:32	
26	Mon	4:41	5.8	6:11	3.7	11:44	1.1	10:56	2.4	7:25	5:33	
27	Tue	5:32	5.7	7:47	3.8			12:53	0.8	7:25	5:34	
28	Wed	6:26	5.7	9:00	4.1	12:07	2.8	1:54	0.5	7:24	5:35	
29	Thu	7:19	5.7	9:52	4.3	1:16	3.0	2:45	0.3	7:23	5:36	
30	Fri	8:09	5.8	10:32	4.5	2:15	3.0	3:27	0.1	7:22	5:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	8:55	5.9	11:06	4.6	3:04	2.9	4:04	-0.1	7:21	5:39	