

Alcatraz Island, CA - Jan 1864

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:39	5.2	4:31	3.7	11:05	2.1	10:14	1.6	7:32	5:08	
2	Sat	5:22	5.4	6:03	3.6			12:11	1.7	7:32	5:09	
3	Sun	6:07	5.7	7:36	3.6			1:09	1.1	7:32	5:10	
4	Mon	6:54	5.9	8:51	3.9	12:11	2.5	2:01	0.5	7:32	5:10	
5	Tue	7:42	6.2	9:50	4.3	1:13	2.7	2:48	-0.2	7:32	5:11	
6	Wed	8:30	6.5	10:39	4.6	2:11	2.8	3:33	-0.7	7:32	5:12	
7	Thu	9:19	6.8	11:24	4.9	3:05	2.7	4:17	-1.1	7:32	5:13	
8	Fri	10:09	7.0			3:57	2.6	5:01	-1.4	7:32	5:14	
9	Sat	12:07	5.1	10:59 AM	7.0	4:49	2.4	5:45	-1.5	7:32	5:15	
10	Sun	12:48	5.4	11:50 AM	6.8	5:42	2.2	6:29	-1.4	7:32	5:16	
11	Mon	1:30	5.6	12:43	6.4	6:38	2.0	7:14	-1.0	7:32	5:17	
12	Tue	2:12	5.7	1:39	5.9	7:37	1.8	7:59	-0.5	7:32	5:18	
13	Wed	2:56	5.9	2:39	5.2	8:41	1.6	8:45	0.2	7:32	5:19	
14	Thu	3:42	6.0	3:49	4.6	9:52	1.4	9:36	0.9	7:31	5:20	
15	Fri	4:31	6.0	5:13	4.1	11:08	1.1	10:34	1.6	7:31	5:21	
16	Sat	5:24	6.1	6:47	3.9			12:23	0.8	7:31	5:22	
17	Sun	6:19	6.1	8:14	4.1			1:31	0.5	7:30	5:23	
18	Mon	7:13	6.1	9:22	4.4	12:48	2.5	2:28	0.1	7:30	5:24	
19	Tue	8:04	6.2	10:15	4.6	1:52	2.7	3:17	-0.1	7:29	5:25	
20	Wed	8:51	6.2	10:59	4.8	2:48	2.8	3:58	-0.3	7:29	5:26	
21	Thu	9:34	6.1	11:36	4.9	3:37	2.8	4:35	-0.4	7:28	5:27	
22	Fri	10:14	6.1			4:20	2.7	5:08	-0.4	7:28	5:28	
23	Sat	12:09	4.9	10:51 AM	6.0	5:00	2.6	5:38	-0.3	7:27	5:29	
24	Sun	12:39	5.0	11:27 AM	5.8	5:37	2.5	6:07	-0.2	7:27	5:30	
25	Mon	1:06	5.0	12:03	5.6	6:13	2.3	6:36	0.0	7:26	5:32	
26	Tue	1:32	5.1	12:40	5.3	6:50	2.2	7:04	0.2	7:25	5:33	
27	Wed	2:00	5.1	1:19	5.0	7:30	2.1	7:34	0.6	7:25	5:34	
28	Thu	2:29	5.2	2:03	4.6	8:14	2.0	8:06	1.0	7:24	5:35	
29	Fri	3:01	5.3	2:56	4.1	9:04	1.8	8:42	1.5	7:23	5:36	
30	Sat	3:39	5.4	4:05	3.8	10:04	1.6	9:25	2.0	7:22	5:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	4:22	5.5	5:38	3.6	11:12	1.3	10:20	2.4	7:22	5:38	