

Alcatraz Island, CA - Mar 1868

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:02	5.5	5:49	3.9	10:49	0.7	10:31	2.5	6:47	6:10	
2	Mon	5:01	5.6	7:19	4.0			12:03	0.4	6:45	6:11	
3	Tue	6:07	5.7	8:29	4.3			1:12	0.0	6:44	6:12	
4	Wed	7:14	5.9	9:22	4.7	1:07	2.7	2:13	-0.4	6:43	6:13	
5	Thu	8:17	6.1	10:07	5.0	2:13	2.4	3:06	-0.7	6:41	6:14	
6	Fri	9:16	6.3	10:48	5.3	3:10	2.0	3:54	-0.8	6:40	6:15	
7	Sat	10:11	6.4	11:27	5.6	4:02	1.5	4:39	-0.8	6:38	6:16	
8	Sun	11:05	6.3			4:52	1.1	5:21	-0.6	6:37	6:17	
9	Mon	12:05	5.8	11:57 AM	6.0	5:41	0.8	6:03	-0.3	6:35	6:18	
10	Tue	12:42	5.9	12:48	5.7	6:30	0.5	6:44	0.2	6:34	6:19	
11	Wed	1:20	5.9	1:42	5.2	7:19	0.4	7:27	0.8	6:32	6:20	
12	Thu	1:58	5.8	2:39	4.8	8:11	0.4	8:11	1.4	6:31	6:21	
13	Fri	2:39	5.6	3:44	4.3	9:06	0.5	9:01	2.0	6:29	6:22	
14	Sat	3:23	5.4	5:01	4.1	10:07	0.6	10:04	2.5	6:28	6:23	
15	Sun	4:13	5.2	6:30	4.0	11:15	0.7	11:21	2.8	6:26	6:24	
16	Mon	5:12	5.0	7:47	4.2			12:24	0.6	6:25	6:25	
17	Tue	6:17	4.9	8:43	4.4	12:39	2.8	1:26	0.5	6:23	6:26	
18	Wed	7:19	4.9	9:25	4.5	1:43	2.7	2:17	0.4	6:22	6:27	
19	Thu	8:14	5.0	9:58	4.7	2:34	2.4	3:00	0.3	6:20	6:28	
20	Fri	9:03	5.1	10:26	4.8	3:16	2.1	3:37	0.2	6:19	6:29	
21	Sat	9:47	5.2	10:52	4.9	3:54	1.8	4:11	0.2	6:17	6:29	
22	Sun	10:29	5.3	11:18	5.1	4:28	1.5	4:41	0.3	6:16	6:30	
23	Mon	11:10	5.2	11:45	5.2	5:00	1.2	5:12	0.4	6:14	6:31	
24	Tue	11:51	5.1			5:33	0.9	5:42	0.6	6:13	6:32	
25	Wed	12:13	5.4	12:34	5.0	6:08	0.6	6:15	0.9	6:11	6:33	
26	Thu	12:42	5.5	1:20	4.8	6:46	0.4	6:50	1.3	6:09	6:34	
27	Fri	1:15	5.6	2:12	4.6	7:29	0.2	7:28	1.7	6:08	6:35	
28	Sat	1:51	5.6	3:13	4.3	8:18	0.1	8:14	2.1	6:06	6:36	
29	Sun	2:34	5.6	4:26	4.1	9:14	0.0	9:11	2.5	6:05	6:37	
30	Mon	3:27	5.5	5:47	4.1	10:20	0.0	10:26	2.7	6:03	6:38	
31	Tue	4:31	5.3	7:03	4.3	11:33	0.0	11:52	2.7	6:02	6:39	