

Alcatraz Island, CA - Dec 1868

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:02	4.9	11:47 AM	6.5	5:40	2.7	6:34	-1.1	7:14	4:58	
2	Wed	1:51	5.0	12:31	6.4	6:28	2.8	7:20	-1.0	7:15	4:58	
3	Thu	2:42	5.0	1:20	6.1	7:22	2.9	8:10	-0.9	7:16	4:57	
4	Fri	3:35	5.1	2:16	5.7	8:26	2.9	9:04	-0.6	7:17	4:57	
5	Sat	4:30	5.2	3:21	5.2	9:42	2.8	10:01	-0.2	7:18	4:57	
6	Sun	5:25	5.4	4:38	4.8	11:05	2.4	11:02	0.3	7:18	4:57	
7	Mon	6:17	5.6	6:02	4.5			12:22	1.9	7:19	4:57	
8	Tue	7:06	5.9	7:26	4.4	12:04	0.7	1:28	1.2	7:20	4:57	
9	Wed	7:52	6.2	8:42	4.5	1:02	1.1	2:25	0.5	7:21	4:57	
10	Thu	8:35	6.4	9:47	4.7	1:57	1.5	3:14	0.0	7:22	4:58	
11	Fri	9:15	6.6	10:45	4.8	2:48	1.9	3:59	-0.5	7:22	4:58	
12	Sat	9:54	6.6	11:37	4.9	3:36	2.2	4:41	-0.7	7:23	4:58	
13	Sun	10:33	6.5			4:22	2.4	5:21	-0.8	7:24	4:58	
14	Mon	12:26	5.0	11:10 AM	6.4	5:07	2.7	6:00	-0.8	7:25	4:58	
15	Tue	1:11	5.0	11:47 AM	6.2	5:52	2.8	6:37	-0.7	7:25	4:59	
16	Wed	1:54	5.0	12:24	5.9	6:37	3.0	7:15	-0.5	7:26	4:59	
17	Thu	2:35	4.9	1:02	5.6	7:24	3.0	7:54	-0.3	7:27	4:59	
18	Fri	3:16	4.9	1:43	5.2	8:15	3.1	8:34	0.0	7:27	5:00	
19	Sat	3:58	4.9	2:30	4.8	9:15	3.0	9:16	0.4	7:28	5:00	
20	Sun	4:40	4.9	3:26	4.3	10:24	2.9	10:03	0.8	7:28	5:01	
21	Mon	5:22	5.0	4:35	4.0	11:34	2.6	10:53	1.2	7:29	5:01	
22	Tue	6:03	5.2	5:58	3.7			12:38	2.1	7:29	5:02	
23	Wed	6:44	5.4	7:21	3.7			1:31	1.6	7:30	5:02	
24	Thu	7:23	5.7	8:34	3.9	12:40	1.9	2:16	1.0	7:30	5:03	
25	Fri	8:02	5.9	9:35	4.2	1:31	2.1	2:56	0.5	7:30	5:03	
26	Sat	8:41	6.2	10:28	4.5	2:19	2.3	3:35	-0.1	7:31	5:04	
27	Sun	9:21	6.5	11:16	4.7	3:05	2.5	4:14	-0.6	7:31	5:05	
28	Mon	10:02	6.7			3:51	2.6	4:54	-1.0	7:31	5:05	
29	Tue	12:02	4.9	10:46 AM	6.8	4:37	2.6	5:36	-1.3	7:32	5:06	
30	Wed	12:47	5.1	11:32 AM	6.8	5:25	2.6	6:20	-1.3	7:32	5:07	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	1:32	5.2	12:20	6.6	6:17	2.6	7:08	-1.3	7:32	5:08	