

Alcatraz Island, CA - Mar 1869

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:47	6.0	1:59	5.4	7:40	0.6	7:51	0.5	6:47	6:10	
2	Tue	2:29	6.0	3:03	4.8	8:39	0.5	8:39	1.2	6:46	6:11	
3	Wed	3:15	5.9	4:17	4.4	9:44	0.5	9:35	1.9	6:44	6:12	
4	Thu	4:06	5.8	5:46	4.1	10:56	0.5	10:44	2.4	6:43	6:13	
5	Fri	5:03	5.6	7:17	4.2			12:10	0.4	6:41	6:14	
6	Sat	6:07	5.5	8:30	4.4	12:05	2.7	1:18	0.3	6:40	6:15	
7	Sun	7:11	5.4	9:24	4.7	1:19	2.7	2:17	0.1	6:39	6:16	
8	Mon	8:09	5.4	10:06	4.8	2:21	2.6	3:05	0.0	6:37	6:17	
9	Tue	9:00	5.5	10:41	4.9	3:11	2.4	3:45	0.0	6:36	6:18	
10	Wed	9:44	5.5	11:11	4.9	3:53	2.1	4:21	0.0	6:34	6:19	
11	Thu	10:25	5.5	11:37	5.0	4:30	1.9	4:52	0.1	6:33	6:20	
12	Fri	11:04	5.4			5:05	1.7	5:22	0.2	6:31	6:21	
13	Sat	12:02	5.0	11:41 AM	5.3	5:37	1.5	5:50	0.4	6:30	6:22	
14	Sun	12:26	5.1	12:19	5.1	6:09	1.3	6:18	0.7	6:28	6:23	
15	Mon	12:51	5.2	12:59	4.8	6:42	1.1	6:47	1.0	6:27	6:24	
16	Tue	1:17	5.2	1:42	4.6	7:18	0.9	7:19	1.4	6:25	6:25	
17	Wed	1:46	5.3	2:31	4.3	7:59	0.8	7:53	1.8	6:24	6:26	
18	Thu	2:20	5.3	3:32	4.0	8:46	0.7	8:35	2.3	6:22	6:26	
19	Fri	3:00	5.3	4:50	3.8	9:43	0.6	9:29	2.7	6:21	6:27	
20	Sat	3:50	5.2	6:20	3.9	10:50	0.5	10:44	2.9	6:19	6:28	
21	Sun	4:53	5.2	7:37	4.1			12:02	0.3	6:17	6:29	
22	Mon	6:03	5.3	8:33	4.4	12:08	2.9	1:09	-0.1	6:16	6:30	
23	Tue	7:14	5.5	9:17	4.8	1:21	2.7	2:07	-0.4	6:14	6:31	
24	Wed	8:18	5.7	9:57	5.1	2:20	2.2	2:58	-0.6	6:13	6:32	
25	Thu	9:18	5.9	10:34	5.4	3:13	1.6	3:45	-0.7	6:11	6:33	
26	Fri	10:15	6.0	11:11	5.7	4:03	1.0	4:29	-0.5	6:10	6:34	
27	Sat	11:10	6.0	11:49	5.9	4:52	0.5	5:12	-0.3	6:08	6:35	
28	Sun			12:05	5.8	5:41	0.0	5:55	0.2	6:07	6:36	
29	Mon	12:26	6.1	1:01	5.5	6:30	-0.3	6:38	0.7	6:05	6:37	
30	Tue	1:05	6.1	1:59	5.1	7:21	-0.4	7:24	1.3	6:04	6:37	
31	Wed	1:46	6.0	3:03	4.7	8:15	-0.3	8:14	1.9	6:02	6:38	