

Alcatraz Island, CA - May 1869

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:39	5.2	5:12	4.5	9:38	-0.3	10:13	2.9	5:20	7:07	
2	Sun	3:35	4.8	6:17	4.5	10:39	0.0	11:34	2.8	5:18	7:08	
3	Mon	4:41	4.5	7:13	4.6	11:41	0.3			5:17	7:08	
4	Tue	5:54	4.2	7:57	4.8	12:45	2.5	12:39	0.4	5:16	7:09	
5	Wed	7:05	4.1	8:33	4.9	1:42	2.1	1:30	0.6	5:15	7:10	
6	Thu	8:09	4.2	9:02	5.1	2:30	1.7	2:14	0.8	5:14	7:11	
7	Fri	9:05	4.2	9:29	5.2	3:11	1.2	2:52	1.0	5:13	7:12	
8	Sat	9:55	4.3	9:56	5.4	3:47	0.8	3:28	1.2	5:12	7:13	
9	Sun	10:42	4.4	10:23	5.6	4:20	0.4	4:01	1.5	5:11	7:14	
10	Mon	11:28	4.4	10:51	5.7	4:53	0.1	4:35	1.7	5:10	7:15	
11	Tue			12:13	4.5	5:25	-0.3	5:09	2.0	5:09	7:16	
12	Wed			1:00	4.5	5:59	-0.5	5:45	2.3	5:08	7:17	
13	Thu			1:48	4.5	6:36	-0.7	6:25	2.6	5:07	7:17	
14	Fri	12:30	5.8	2:39	4.5	7:18	-0.8	7:10	2.8	5:06	7:18	
15	Sat	1:10	5.7	3:35	4.5	8:04	-0.8	8:04	2.9	5:06	7:19	
16	Sun	1:58	5.5	4:33	4.5	8:56	-0.7	9:12	3.0	5:05	7:20	
17	Mon	2:55	5.2	5:32	4.7	9:53	-0.6	10:33	2.8	5:04	7:21	
18	Tue	4:04	4.9	6:26	4.9	10:55	-0.3	11:54	2.4	5:03	7:22	
19	Wed	5:23	4.6	7:14	5.2	11:57	-0.1			5:02	7:23	
20	Thu	6:44	4.5	7:58	5.6	1:04	1.8	12:55	0.2	5:02	7:23	
21	Fri	8:01	4.5	8:39	5.9	2:03	1.1	1:49	0.5	5:01	7:24	
22	Sat	9:11	4.6	9:18	6.2	2:56	0.3	2:39	0.9	5:00	7:25	
23	Sun	10:15	4.7	9:57	6.4	3:44	-0.3	3:27	1.2	5:00	7:26	
24	Mon	11:14	4.8	10:36	6.5	4:31	-0.8	4:14	1.6	4:59	7:27	
25	Tue			12:10	4.9	5:16	-1.1	5:01	2.0	4:58	7:27	
26	Wed			1:04	4.9	6:00	-1.2	5:49	2.4	4:58	7:28	
27	Thu			1:57	4.8	6:44	-1.2	6:39	2.6	4:57	7:29	
28	Fri	12:36	6.0	2:49	4.8	7:29	-1.0	7:33	2.9	4:57	7:30	
29	Sat	1:18	5.6	3:42	4.7	8:14	-0.7	8:33	3.0	4:56	7:30	
30	Sun	2:03	5.2	4:35	4.7	9:02	-0.4	9:42	3.0	4:56	7:31	
31	Mon	2:54	4.8	5:27	4.7	9:52	0.0	10:57	2.8	4:56	7:32	