

Alcatraz Island, CA - Jul 1869

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:16	4.0	5:46	5.1	10:38	1.0			4:58	7:42	
2	Fri	5:34	3.7	6:25	5.3	12:17	2.1	11:28 AM	1.5	4:58	7:42	
3	Sat	6:59	3.6	7:04	5.6	1:13	1.7	12:19	1.9	4:59	7:42	
4	Sun	8:18	3.7	7:42	5.8	2:02	1.1	1:10	2.2	4:59	7:42	
5	Mon	9:24	3.9	8:21	6.0	2:44	0.6	1:59	2.5	5:00	7:41	
6	Tue	10:19	4.2	9:01	6.3	3:24	0.1	2:46	2.7	5:00	7:41	
7	Wed	11:07	4.5	9:42	6.5	4:02	-0.3	3:31	2.8	5:01	7:41	
8	Thu	11:52	4.7	10:25	6.6	4:41	-0.7	4:17	2.8	5:01	7:41	
9	Fri			12:35	4.9	5:21	-1.0	5:04	2.8	5:02	7:40	
10	Sat			1:17	5.0	6:03	-1.2	5:53	2.7	5:03	7:40	
11	Sun			1:59	5.2	6:47	-1.2	6:46	2.6	5:03	7:40	
12	Mon	12:47	6.4	2:43	5.3	7:31	-1.0	7:44	2.5	5:04	7:39	
13	Tue	1:40	6.0	3:27	5.5	8:17	-0.7	8:49	2.2	5:05	7:39	
14	Wed	2:40	5.4	4:14	5.7	9:06	-0.2	10:02	2.0	5:05	7:38	
15	Thu	3:49	4.8	5:02	5.9	9:58	0.5	11:18	1.5	5:06	7:38	
16	Fri	5:10	4.4	5:53	6.1	10:55	1.1			5:07	7:37	
17	Sat	6:41	4.1	6:43	6.3	12:31	1.0	11:56 AM	1.7	5:07	7:37	
18	Sun	8:07	4.2	7:34	6.5	1:36	0.5	12:58	2.1	5:08	7:36	
19	Mon	9:21	4.4	8:22	6.6	2:33	0.0	1:58	2.5	5:09	7:35	
20	Tue	10:20	4.7	9:09	6.6	3:24	-0.4	2:54	2.7	5:10	7:35	
21	Wed	11:11	4.9	9:53	6.6	4:09	-0.6	3:46	2.8	5:11	7:34	
22	Thu	11:56	5.0	10:35	6.4	4:50	-0.7	4:34	2.8	5:11	7:33	
23	Fri			12:36	5.0	5:29	-0.6	5:19	2.8	5:12	7:33	
24	Sat			1:13	5.0	6:05	-0.5	6:02	2.8	5:13	7:32	
25	Sun			1:47	5.0	6:40	-0.4	6:44	2.7	5:14	7:31	
26	Mon	12:33	5.7	2:19	5.0	7:15	-0.1	7:28	2.7	5:15	7:30	
27	Tue	1:13	5.4	2:51	5.0	7:49	0.2	8:14	2.6	5:15	7:30	
28	Wed	1:55	5.0	3:24	5.1	8:24	0.6	9:07	2.5	5:16	7:29	
29	Thu	2:42	4.5	3:59	5.2	9:01	1.0	10:07	2.3	5:17	7:28	
30	Fri	3:41	4.1	4:38	5.3	9:43	1.5	11:12	2.0	5:18	7:27	
31	Sat	4:57	3.8	5:21	5.4	10:31	2.0			5:19	7:26	