

Alcatraz Island, CA - Aug 1869

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:29	3.7	6:07	5.6	12:17	1.6	11:28 AM	2.4	5:20	7:25	
2	Mon	7:57	3.8	6:55	5.8	1:14	1.2	12:30	2.7	5:20	7:24	
3	Tue	9:05	4.1	7:44	6.1	2:05	0.7	1:29	2.9	5:21	7:23	
4	Wed	9:57	4.4	8:32	6.4	2:51	0.2	2:22	2.9	5:22	7:22	
5	Thu	10:42	4.7	9:20	6.6	3:34	-0.3	3:12	2.8	5:23	7:21	
6	Fri	11:23	4.9	10:09	6.8	4:16	-0.7	4:00	2.7	5:24	7:20	
7	Sat			12:02	5.2	4:59	-0.9	4:49	2.4	5:25	7:19	
8	Sun			12:42	5.4	5:41	-1.0	5:39	2.2	5:26	7:18	
9	Mon			1:21	5.6	6:24	-0.9	6:32	1.9	5:26	7:16	
10	Tue	12:41	6.4	2:02	5.7	7:08	-0.6	7:28	1.6	5:27	7:15	
11	Wed	1:37	6.0	2:44	5.9	7:52	-0.1	8:30	1.4	5:28	7:14	
12	Thu	2:38	5.4	3:30	6.0	8:39	0.6	9:38	1.2	5:29	7:13	
13	Fri	3:49	4.8	4:19	6.1	9:32	1.3	10:52	1.0	5:30	7:12	
14	Sat	5:12	4.4	5:13	6.2	10:32	1.9			5:31	7:10	
15	Sun	6:44	4.3	6:11	6.2	12:06	0.7	11:41 AM	2.4	5:32	7:09	
16	Mon	8:08	4.4	7:09	6.2	1:15	0.4	12:52	2.7	5:33	7:08	
17	Tue	9:14	4.7	8:04	6.3	2:15	0.1	1:57	2.8	5:33	7:07	
18	Wed	10:06	4.9	8:55	6.3	3:06	-0.1	2:53	2.7	5:34	7:05	
19	Thu	10:50	5.1	9:41	6.2	3:50	-0.2	3:42	2.6	5:35	7:04	
20	Fri	11:28	5.1	10:23	6.2	4:30	-0.2	4:25	2.5	5:36	7:03	
21	Sat			12:01	5.1	5:05	-0.1	5:05	2.4	5:37	7:01	
22	Sun			12:31	5.1	5:38	0.0	5:42	2.3	5:38	7:00	
23	Mon			12:58	5.1	6:09	0.2	6:18	2.1	5:39	6:58	
24	Tue	12:19	5.6	1:25	5.2	6:40	0.5	6:55	2.0	5:39	6:57	
25	Wed	12:57	5.3	1:52	5.2	7:11	0.8	7:34	1.9	5:40	6:56	
26	Thu	1:39	4.9	2:22	5.3	7:42	1.2	8:18	1.8	5:41	6:54	
27	Fri	2:26	4.6	2:55	5.3	8:17	1.6	9:08	1.7	5:42	6:53	
28	Sat	3:23	4.2	3:34	5.3	8:56	2.1	10:07	1.6	5:43	6:51	
29	Sun	4:38	4.0	4:20	5.4	9:45	2.6	11:14	1.4	5:44	6:50	
30	Mon	6:10	3.9	5:14	5.5	10:50	2.9			5:45	6:48	
31	Tue	7:36	4.1	6:13	5.7	12:22	1.0	12:04	3.1	5:45	6:47	