US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1870

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**10:53**	5.8			**4:56**	2.0	**5:24**	-0.3	6:48	6:10	
2	Wed	**12:15**	5.1	**11:33 AM**	5.6	**5:34**	1.8	**5:56**	-0.1	6:46	6:11	
3	Thu	**12:42**	5.1	**12:12**	5.4	**6:10**	1.6	**6:26**	0.2	6:45	6:12	
4	Fri	**1:07**	5.1	**12:51**	5.1	**6:46**	1.5	**6:56**	0.6	6:43	6:13	
5	Sat	**1:32**	5.1	**1:32**	4.7	**7:23**	1.4	**7:27**	1.1	6:42	6:14	
6	Sun	**1:59**	5.2	**2:17**	4.4	**8:03**	1.3	**7:59**	1.5	6:40	6:15	
7	Mon	**2:28**	5.2	**3:12**	4.0	**8:48**	1.2	**8:34**	2.0	6:39	6:16	
8	Tue	**3:03**	5.1	**4:23**	3.7	**9:42**	1.1	**9:18**	2.5	6:37	6:17	
9	Wed	**3:45**	5.1	**5:58**	3.6	**10:45**	1.0	**10:21**	2.9	6:36	6:18	
10	Thu	**4:38**	5.1	**7:32**	3.8	**11:55**	0.8	**11:44**	3.1	6:34	6:19	
11	Fri	**5:41**	5.1	**8:36**	4.1			**1:01**	0.5	6:33	6:20	
12	Sat	**6:46**	5.3	**9:20**	4.4	**1:00**	3.1	**1:58**	0.1	6:32	6:21	
13	Sun	**7:47**	5.5	**9:56**	4.7	**2:00**	2.8	**2:46**	-0.3	6:30	6:22	
14	Mon	**8:44**	5.8	**10:30**	4.9	**2:49**	2.5	**3:30**	-0.6	6:28	6:23	
15	Tue	**9:37**	6.0	**11:04**	5.2	**3:35**	2.0	**4:12**	-0.7	6:27	6:23	
16	Wed	**10:29**	6.1	**11:38**	5.5	**4:20**	1.5	**4:52**	-0.7	6:25	6:24	
17	Thu	**11:22**	6.1			**5:06**	0.9	**5:33**	-0.4	6:24	6:25	
18	Fri	**12:13**	5.7	**12:15**	5.9	**5:54**	0.5	**6:14**	0.0	6:22	6:26	
19	Sat	**12:49**	5.9	**1:11**	5.5	**6:44**	0.1	**6:56**	0.5	6:21	6:27	
20	Sun	**1:27**	6.1	**2:11**	5.1	**7:38**	-0.1	**7:40**	1.2	6:19	6:28	
21	Mon	**2:09**	6.1	**3:19**	4.6	**8:35**	-0.2	**8:30**	1.8	6:18	6:29	
22	Tue	**2:56**	6.0	**4:38**	4.3	**9:40**	-0.2	**9:32**	2.4	6:16	6:30	
23	Wed	**3:50**	5.7	**6:08**	4.3	**10:51**	-0.1	**10:52**	2.8	6:15	6:31	
24	Thu	**4:55**	5.5	**7:30**	4.4			**12:06**	0.0	6:13	6:32	
25	Fri	**6:06**	5.3	**8:32**	4.7	**12:20**	2.8	**1:15**	-0.1	6:12	6:33	
26	Sat	**7:16**	5.3	**9:21**	4.9	**1:35**	2.6	**2:14**	-0.1	6:10	6:34	
27	Sun	**8:19**	5.3	**10:00**	5.0	**2:34**	2.3	**3:02**	-0.1	6:09	6:35	
28	Mon	**9:13**	5.3	**10:34**	5.1	**3:23**	1.9	**3:43**	0.0	6:07	6:35	
29	Tue	**10:01**	5.2	**11:03**	5.2	**4:05**	1.6	**4:19**	0.1	6:06	6:36	
30	Wed	**10:45**	5.2	**11:28**	5.2	**4:42**	1.3	**4:51**	0.3	6:04	6:37	
31	Thu	**11:26**	5.0	**11:52**	5.2	**5:17**	1.0	**5:22**	0.6	6:03	6:38	