

Alcatraz Island, CA - Jul 1870

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:13	6.1	2:33	4.8	7:09	-0.9	7:05	3.0	4:57	7:42	
2	Sat	12:57	5.9	3:13	5.0	7:50	-0.8	8:00	2.9	4:58	7:42	
3	Sun	1:45	5.6	3:56	5.1	8:34	-0.6	9:03	2.7	4:58	7:42	
4	Mon	2:42	5.1	4:39	5.3	9:21	-0.2	10:15	2.4	4:59	7:42	
5	Tue	3:49	4.7	5:24	5.6	10:11	0.3	11:30	1.8	5:00	7:42	
6	Wed	5:11	4.2	6:10	5.9	11:06	0.9			5:00	7:41	
7	Thu	6:43	4.0	6:56	6.2	12:40	1.2	12:04	1.5	5:01	7:41	
8	Fri	8:10	4.1	7:43	6.6	1:42	0.5	1:03	1.9	5:01	7:41	
9	Sat	9:25	4.3	8:30	6.8	2:38	-0.2	2:01	2.3	5:02	7:40	
10	Sun	10:29	4.6	9:18	6.9	3:29	-0.7	2:58	2.6	5:02	7:40	
11	Mon	11:24	4.9	10:05	6.9	4:18	-1.1	3:52	2.7	5:03	7:40	
12	Tue			12:14	5.0	5:04	-1.2	4:46	2.8	5:04	7:39	
13	Wed			1:00	5.1	5:49	-1.2	5:38	2.8	5:04	7:39	
14	Thu			1:43	5.2	6:32	-1.1	6:30	2.8	5:05	7:38	
15	Fri	12:24	6.3	2:25	5.2	7:14	-0.8	7:23	2.7	5:06	7:38	
16	Sat	1:10	5.8	3:06	5.2	7:55	-0.4	8:19	2.7	5:07	7:37	
17	Sun	1:57	5.3	3:45	5.2	8:36	0.0	9:19	2.6	5:07	7:37	
18	Mon	2:49	4.8	4:24	5.2	9:18	0.6	10:25	2.4	5:08	7:36	
19	Tue	3:49	4.2	5:04	5.3	10:03	1.1	11:33	2.1	5:09	7:36	
20	Wed	5:03	3.8	5:44	5.4	10:52	1.7			5:10	7:35	
21	Thu	6:33	3.7	6:25	5.5	12:37	1.7	11:46 AM	2.2	5:10	7:34	
22	Fri	8:02	3.7	7:07	5.7	1:33	1.3	12:42	2.6	5:11	7:34	
23	Sat	9:13	4.0	7:49	5.9	2:21	0.8	1:36	2.8	5:12	7:33	
24	Sun	10:07	4.2	8:31	6.1	3:04	0.4	2:26	3.0	5:13	7:32	
25	Mon	10:51	4.4	9:12	6.2	3:42	0.1	3:11	3.1	5:14	7:31	
26	Tue	11:29	4.6	9:54	6.4	4:19	-0.3	3:53	3.0	5:14	7:31	
27	Wed			12:06	4.8	4:55	-0.5	4:35	3.0	5:15	7:30	
28	Thu			12:41	4.9	5:31	-0.7	5:17	2.8	5:16	7:29	
29	Fri			1:17	5.1	6:08	-0.8	6:01	2.7	5:17	7:28	
30	Sat	12:03	6.3	1:53	5.2	6:46	-0.7	6:49	2.5	5:18	7:27	
31	Sun	12:50	6.1	2:30	5.4	7:26	-0.5	7:43	2.2	5:19	7:26	