

Alcatraz Island, CA - Aug 1870

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:41	5.7	3:09	5.6	8:07	-0.1	8:43	2.0	5:19	7:25	
2	Tue	2:40	5.2	3:52	5.8	8:52	0.5	9:51	1.7	5:20	7:24	
3	Wed	3:51	4.6	4:38	6.0	9:41	1.1	11:05	1.3	5:21	7:23	
4	Thu	5:16	4.2	5:28	6.2	10:38	1.8			5:22	7:22	
5	Fri	6:52	4.1	6:23	6.4	12:18	0.8	11:43 AM	2.3	5:23	7:21	
6	Sat	8:19	4.3	7:18	6.5	1:26	0.3	12:52	2.6	5:24	7:20	
7	Sun	9:27	4.6	8:13	6.7	2:25	-0.2	1:57	2.8	5:25	7:19	
8	Mon	10:22	4.9	9:06	6.7	3:17	-0.5	2:57	2.8	5:25	7:18	
9	Tue	11:09	5.1	9:56	6.7	4:05	-0.7	3:50	2.7	5:26	7:17	
10	Wed	11:52	5.2	10:43	6.6	4:49	-0.8	4:40	2.6	5:27	7:15	
11	Thu			12:30	5.3	5:29	-0.7	5:27	2.5	5:28	7:14	
12	Fri			1:06	5.3	6:08	-0.5	6:12	2.3	5:29	7:13	
13	Sat	12:11	6.0	1:40	5.3	6:44	-0.2	6:57	2.2	5:30	7:12	
14	Sun	12:54	5.6	2:12	5.3	7:20	0.2	7:43	2.1	5:31	7:11	
15	Mon	1:38	5.2	2:44	5.3	7:55	0.7	8:31	2.1	5:31	7:09	
16	Tue	2:26	4.7	3:16	5.3	8:32	1.2	9:26	2.0	5:32	7:08	
17	Wed	3:22	4.3	3:52	5.3	9:12	1.8	10:28	1.8	5:33	7:07	
18	Thu	4:35	3.9	4:34	5.3	9:59	2.3	11:35	1.6	5:34	7:06	
19	Fri	6:07	3.8	5:22	5.4	10:58	2.8			5:35	7:04	
20	Sat	7:42	3.9	6:14	5.5	12:39	1.3	12:07	3.1	5:36	7:03	
21	Sun	8:50	4.2	7:08	5.7	1:36	0.9	1:12	3.2	5:37	7:02	
22	Mon	9:38	4.4	7:59	5.9	2:25	0.5	2:07	3.1	5:38	7:00	
23	Tue	10:17	4.6	8:48	6.1	3:08	0.2	2:53	3.0	5:38	6:59	
24	Wed	10:52	4.8	9:35	6.3	3:47	-0.2	3:35	2.8	5:39	6:57	
25	Thu	11:25	5.0	10:21	6.4	4:25	-0.4	4:17	2.5	5:40	6:56	
26	Fri	11:58	5.2	11:07	6.5	5:02	-0.5	4:59	2.2	5:41	6:55	
27	Sat			12:32	5.4	5:40	-0.5	5:44	1.8	5:42	6:53	
28	Sun			1:06	5.6	6:18	-0.3	6:33	1.5	5:43	6:52	
29	Mon	12:47	6.0	1:43	5.8	6:58	0.1	7:25	1.2	5:44	6:50	
30	Tue	1:42	5.6	2:22	6.0	7:39	0.7	8:23	1.0	5:44	6:49	
31	Wed	2:45	5.1	3:06	6.1	8:25	1.3	9:27	0.8	5:45	6:47	