

Alcatraz Island, CA - Dec 1870

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:26	5.5	7:16	4.2	12:18	0.7	1:38	1.8	7:13	4:58	
2	Fri	8:04	5.6	8:27	4.2	1:11	1.1	2:29	1.3	7:14	4:58	
3	Sat	8:38	5.8	9:28	4.3	1:57	1.4	3:12	0.8	7:15	4:57	
4	Sun	9:07	5.9	10:22	4.4	2:39	1.8	3:50	0.4	7:16	4:57	
5	Mon	9:35	6.0	11:10	4.5	3:18	2.2	4:24	0.1	7:17	4:57	
6	Tue	10:03	6.0	11:54	4.6	3:55	2.5	4:56	-0.2	7:18	4:57	
7	Wed	10:32	6.1			4:31	2.7	5:27	-0.3	7:19	4:57	
8	Thu	12:36	4.6	11:02 AM	6.0	5:06	2.9	5:59	-0.4	7:20	4:57	
9	Fri	1:16	4.7	11:35 AM	6.0	5:42	3.1	6:32	-0.5	7:20	4:57	
10	Sat	1:57	4.7	12:11	5.9	6:20	3.2	7:08	-0.5	7:21	4:57	
11	Sun	2:39	4.7	12:49	5.7	7:02	3.3	7:48	-0.5	7:22	4:58	
12	Mon	3:23	4.7	1:32	5.4	7:52	3.3	8:31	-0.3	7:23	4:58	
13	Tue	4:09	4.8	2:23	5.1	8:53	3.3	9:19	-0.1	7:24	4:58	
14	Wed	4:55	4.9	3:25	4.7	10:06	3.1	10:11	0.2	7:24	4:58	
15	Thu	5:41	5.1	4:42	4.4	11:23	2.6	11:07	0.6	7:25	4:59	
16	Fri	6:24	5.4	6:10	4.2			12:33	2.0	7:26	4:59	
17	Sat	7:06	5.8	7:36	4.2	12:05	1.0	1:32	1.2	7:26	4:59	
18	Sun	7:48	6.2	8:53	4.4	1:01	1.4	2:25	0.3	7:27	5:00	
19	Mon	8:30	6.6	10:00	4.7	1:55	1.8	3:15	-0.4	7:27	5:00	
20	Tue	9:13	6.9	11:01	4.9	2:48	2.1	4:03	-1.1	7:28	5:00	
21	Wed	9:57	7.1	11:56	5.1	3:39	2.4	4:50	-1.5	7:28	5:01	
22	Thu	10:43	7.1			4:31	2.6	5:38	-1.6	7:29	5:01	
23	Fri	12:48	5.2	11:30 AM	7.0	5:24	2.7	6:25	-1.6	7:29	5:02	
24	Sat	1:39	5.3	12:18	6.7	6:18	2.8	7:12	-1.4	7:30	5:03	
25	Sun	2:28	5.3	1:08	6.3	7:16	2.8	8:00	-1.0	7:30	5:03	
26	Mon	3:17	5.3	2:00	5.7	8:19	2.8	8:48	-0.5	7:31	5:04	
27	Tue	4:07	5.3	2:57	5.1	9:29	2.7	9:38	0.1	7:31	5:04	
28	Wed	4:56	5.3	4:03	4.5	10:44	2.5	10:30	0.6	7:31	5:05	
29	Thu	5:43	5.3	5:22	4.0	11:58	2.2	11:24	1.2	7:32	5:06	
30	Fri	6:28	5.4	6:50	3.8			1:04	1.7	7:32	5:07	
31	Sat	7:08	5.6	8:16	3.8	12:20	1.7	1:59	1.2	7:32	5:07	