

Alcatraz Island, CA - May 1875

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:48	4.6	8:53	5.2	2:05	1.8	2:03	0.2	5:20	7:06	
2	Sun	8:55	4.7	9:23	5.6	2:51	1.0	2:45	0.5	5:19	7:07	
3	Mon	9:59	4.8	9:55	6.1	3:36	0.2	3:27	0.9	5:18	7:08	
4	Tue	11:01	4.8	10:29	6.4	4:21	-0.6	4:09	1.4	5:17	7:09	
5	Wed			12:02	4.8	5:08	-1.2	4:52	1.9	5:16	7:10	
6	Thu			1:02	4.8	5:56	-1.6	5:38	2.4	5:15	7:11	
7	Fri			2:04	4.7	6:46	-1.7	6:28	2.8	5:13	7:12	
8	Sat	12:33	6.6	3:08	4.7	7:40	-1.6	7:26	3.0	5:12	7:13	
9	Sun	1:25	6.3	4:14	4.6	8:37	-1.3	8:36	3.2	5:11	7:14	
10	Mon	2:22	5.8	5:19	4.6	9:39	-0.9	10:02	3.1	5:10	7:14	
11	Tue	3:28	5.3	6:19	4.8	10:44	-0.6	11:30	2.8	5:10	7:15	
12	Wed	4:43	4.8	7:10	5.0	11:47	-0.2			5:09	7:16	
13	Thu	6:03	4.4	7:53	5.2	12:45	2.3	12:43	0.2	5:08	7:17	
14	Fri	7:21	4.2	8:28	5.4	1:48	1.7	1:32	0.6	5:07	7:18	
15	Sat	8:32	4.1	8:59	5.5	2:39	1.1	2:15	1.0	5:06	7:19	
16	Sun	9:35	4.1	9:26	5.6	3:23	0.6	2:53	1.4	5:05	7:20	
17	Mon	10:31	4.1	9:51	5.7	4:01	0.2	3:29	1.9	5:04	7:21	
18	Tue	11:22	4.2	10:15	5.8	4:36	-0.2	4:03	2.3	5:03	7:21	
19	Wed			12:10	4.2	5:09	-0.4	4:37	2.7	5:03	7:22	
20	Thu			12:56	4.3	5:41	-0.6	5:11	3.0	5:02	7:23	
21	Fri			1:40	4.3	6:14	-0.7	5:46	3.2	5:01	7:24	
22	Sat			2:25	4.3	6:49	-0.7	6:23	3.3	5:01	7:25	
23	Sun	12:16	5.6	3:11	4.2	7:27	-0.7	7:05	3.4	5:00	7:25	
24	Mon	12:55	5.5	3:59	4.2	8:09	-0.6	7:55	3.5	4:59	7:26	
25	Tue	1:39	5.2	4:47	4.3	8:56	-0.5	9:01	3.4	4:59	7:27	
26	Wed	2:30	5.0	5:32	4.4	9:45	-0.4	10:21	3.2	4:58	7:28	
27	Thu	3:32	4.6	6:12	4.6	10:38	-0.2	11:39	2.8	4:58	7:29	
28	Fri	4:47	4.3	6:48	5.0	11:30	0.1			4:57	7:29	
29	Sat	6:10	4.1	7:22	5.4	12:44	2.1	12:21	0.5	4:57	7:30	
30	Sun	7:35	4.1	7:57	5.8	1:40	1.2	1:11	1.0	4:56	7:31	
31	Mon	8:53	4.2	8:32	6.3	2:30	0.3	1:59	1.5	4:56	7:31	