

Alcatraz Island, CA - May 1876

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:05	5.0	7:30	4.9			12:09	-0.3	5:19	7:07	
2	Tue	6:28	4.7	8:11	5.2	12:59	2.2	1:06	-0.1	5:18	7:08	
3	Wed	7:45	4.5	8:48	5.5	2:02	1.5	1:56	0.3	5:17	7:09	
4	Thu	8:54	4.4	9:21	5.7	2:54	0.9	2:39	0.7	5:16	7:10	
5	Fri	9:56	4.4	9:51	5.9	3:40	0.3	3:19	1.2	5:15	7:11	
6	Sat	10:53	4.4	10:19	5.9	4:22	-0.2	3:56	1.7	5:14	7:11	
7	Sun	11:47	4.4	10:46	5.9	5:00	-0.5	4:33	2.2	5:13	7:12	
8	Mon			12:37	4.4	5:35	-0.7	5:10	2.6	5:12	7:13	
9	Tue			1:26	4.4	6:11	-0.7	5:47	2.9	5:11	7:14	
10	Wed			2:14	4.3	6:47	-0.7	6:26	3.2	5:10	7:15	
11	Thu	12:15	5.6	3:04	4.2	7:25	-0.6	7:07	3.3	5:09	7:16	
12	Fri	12:52	5.4	3:55	4.1	8:06	-0.5	7:56	3.4	5:08	7:17	
13	Sat	1:33	5.2	4:49	4.1	8:52	-0.3	8:59	3.4	5:07	7:18	
14	Sun	2:22	4.9	5:39	4.2	9:43	-0.1	10:20	3.3	5:06	7:19	
15	Mon	3:19	4.5	6:22	4.3	10:36	0.1	11:39	3.0	5:05	7:19	
16	Tue	4:27	4.2	6:57	4.5	11:28	0.3			5:04	7:20	
17	Wed	5:43	4.0	7:28	4.8	12:42	2.5	12:17	0.5	5:04	7:21	
18	Thu	7:01	3.9	7:57	5.2	1:34	1.9	1:03	0.8	5:03	7:22	
19	Fri	8:15	4.0	8:26	5.6	2:18	1.2	1:47	1.2	5:02	7:23	
20	Sat	9:23	4.1	8:58	6.0	3:00	0.4	2:29	1.6	5:01	7:24	
21	Sun	10:27	4.3	9:32	6.3	3:41	-0.4	3:12	2.0	5:01	7:24	
22	Mon	11:27	4.5	10:10	6.6	4:25	-1.0	3:57	2.4	5:00	7:25	
23	Tue			12:25	4.6	5:10	-1.5	4:44	2.8	4:59	7:26	
24	Wed			1:21	4.7	5:58	-1.8	5:33	3.0	4:59	7:27	
25	Thu			2:17	4.7	6:48	-1.9	6:28	3.1	4:58	7:28	
26	Fri	12:30	6.6	3:13	4.7	7:41	-1.7	7:31	3.1	4:58	7:28	
27	Sat	1:26	6.3	4:08	4.8	8:37	-1.4	8:44	3.0	4:57	7:29	
28	Sun	2:27	5.7	5:02	4.9	9:34	-1.0	10:08	2.8	4:57	7:30	
29	Mon	3:35	5.1	5:53	5.1	10:31	-0.5	11:31	2.3	4:56	7:31	
30	Tue	4:51	4.6	6:39	5.4	11:27	0.0			4:56	7:31	
31	Wed	6:15	4.1	7:21	5.6	12:45	1.7	12:20	0.6	4:55	7:32	