

Alcatraz Island, CA - Mar 1878

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:43	5.6	11:19	4.9	3:53	2.4	4:27	-0.2	6:47	6:10	
2	Sat	10:24	5.5	11:43	5.0	4:32	2.1	4:57	0.0	6:46	6:11	
3	Sun	11:04	5.4			5:07	1.8	5:24	0.2	6:45	6:12	
4	Mon	12:04	5.1	11:42 AM	5.2	5:40	1.5	5:50	0.5	6:43	6:13	
5	Tue	12:25	5.2	12:21	4.9	6:13	1.2	6:15	0.9	6:42	6:14	
6	Wed	12:46	5.3	1:02	4.6	6:47	1.0	6:41	1.3	6:40	6:15	
7	Thu	1:08	5.4	1:46	4.3	7:23	0.9	7:08	1.8	6:39	6:16	
8	Fri	1:34	5.5	2:38	4.0	8:03	0.7	7:37	2.3	6:37	6:17	
9	Sat	2:05	5.5	3:46	3.7	8:50	0.7	8:11	2.7	6:36	6:18	
10	Sun	2:43	5.5	5:18	3.6	9:48	0.6	8:57	3.1	6:34	6:19	
11	Mon	3:33	5.4	7:06	3.7	10:59	0.5	10:15	3.4	6:33	6:20	
12	Tue	4:37	5.4	8:15	3.9			12:15	0.2	6:31	6:21	
13	Wed	5:51	5.4	8:57	4.2			1:21	-0.1	6:30	6:22	
14	Thu	7:04	5.6	9:31	4.5	1:16	3.1	2:16	-0.5	6:28	6:23	
15	Fri	8:10	5.8	10:03	4.9	2:16	2.6	3:03	-0.7	6:27	6:23	
16	Sat	9:11	6.0	10:34	5.2	3:09	1.9	3:46	-0.7	6:25	6:24	
17	Sun	10:09	6.0	11:06	5.6	3:59	1.2	4:26	-0.5	6:24	6:25	
18	Mon	11:05	5.9	11:39	6.0	4:48	0.5	5:05	-0.1	6:22	6:26	
19	Tue			12:01	5.6	5:37	-0.1	5:45	0.5	6:21	6:27	
20	Wed	12:14	6.3	12:59	5.3	6:27	-0.4	6:25	1.1	6:19	6:28	
21	Thu	12:50	6.4	2:01	4.9	7:18	-0.6	7:07	1.7	6:18	6:29	
22	Fri	1:30	6.3	3:08	4.5	8:13	-0.6	7:54	2.3	6:16	6:30	
23	Sat	2:14	6.1	4:26	4.2	9:13	-0.4	8:52	2.9	6:15	6:31	
24	Sun	3:05	5.8	5:55	4.1	10:21	-0.2	10:12	3.2	6:13	6:32	
25	Mon	4:06	5.4	7:17	4.3	11:35	0.0	11:47	3.2	6:12	6:33	
26	Tue	5:19	5.1	8:16	4.5			12:46	0.1	6:10	6:34	
27	Wed	6:34	5.0	9:00	4.6	1:07	2.9	1:46	0.1	6:09	6:35	
28	Thu	7:42	4.9	9:35	4.8	2:07	2.5	2:34	0.2	6:07	6:35	
29	Fri	8:39	4.9	10:03	4.9	2:56	2.1	3:13	0.2	6:06	6:36	
30	Sat	9:29	4.9	10:27	5.0	3:37	1.7	3:46	0.4	6:04	6:37	
31	Sun	10:14	4.8	10:48	5.1	4:14	1.3	4:16	0.7	6:02	6:38	