US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1878

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			1:30	4.8	6:09	-1.3	5:49	3.0	4:58	7:42	
2	Tue			2:07	4.9	6:49	-1.3	6:42	2.8	4:58	7:42	
3	Wed	12:38	6.2	2:44	5.1	7:30	-1.1	7:39	2.6	4:58	7:42	
4	Thu	1:30	5.8	3:22	5.4	8:11	-0.7	8:44	2.3	4:59	7:42	
5	Fri	2:29	5.2	4:02	5.6	8:54	-0.1	9:55	1.8	5:00	7:42	
6	Sat	3:39	4.6	4:44	5.9	9:40	0.6	11:10	1.3	5:00	7:41	
7	Sun	5:03	4.0	5:29	6.2	10:30	1.4			5:01	7:41	
8	Mon	6:42	3.8	6:18	6.4	12:23	0.7	11:27 AM	2.1	5:01	7:41	
9	Tue	8:18	3.9	7:09	6.6	1:29	0.1	12:31	2.6	5:02	7:40	
10	Wed	9:35	4.2	8:00	6.7	2:28	-0.4	1:37	3.0	5:03	7:40	
11	Thu	10:35	4.5	8:51	6.7	3:20	-0.7	2:39	3.2	5:03	7:40	
12	Fri	11:24	4.7	9:40	6.7	4:08	-0.9	3:36	3.2	5:04	7:39	
13	Sat			12:07	4.9	4:52	-1.0	4:28	3.1	5:05	7:39	
14	Sun			12:46	4.9	5:32	-1.0	5:16	3.0	5:05	7:38	
15	Mon			1:22	5.0	6:10	-0.8	6:02	2.9	5:06	7:38	
16	Tue			1:54	5.0	6:45	-0.6	6:48	2.7	5:07	7:37	
17	Wed	12:33	5.7	2:25	5.0	7:18	-0.3	7:35	2.6	5:07	7:37	
18	Thu	1:15	5.3	2:53	5.1	7:51	0.1	8:24	2.4	5:08	7:36	
19	Fri	1:59	4.8	3:22	5.2	8:23	0.7	9:19	2.3	5:09	7:36	
20	Sat	2:50	4.3	3:52	5.3	8:56	1.2	10:20	2.0	5:10	7:35	
21	Sun	3:55	3.8	4:27	5.4	9:32	1.8	11:26	1.7	5:10	7:34	
22	Mon	5:23	3.5	5:07	5.5	10:15	2.4			5:11	7:34	
23	Tue	7:15	3.5	5:52	5.7	12:30	1.3	11:11 AM	2.9	5:12	7:33	
24	Wed	8:49	3.7	6:42	5.9	1:28	0.9	12:19	3.3	5:13	7:32	
25	Thu	9:48	4.0	7:34	6.1	2:19	0.4	1:25	3.4	5:14	7:31	
26	Fri	10:31	4.3	8:25	6.4	3:04	-0.1	2:22	3.4	5:14	7:31	
27	Sat	11:08	4.5	9:14	6.6	3:46	-0.5	3:12	3.3	5:15	7:30	
28	Sun	11:42	4.7	10:03	6.7	4:27	-0.8	3:59	3.1	5:16	7:29	
29	Mon			12:15	4.9	5:06	-1.1	4:47	2.8	5:17	7:28	
30	Tue			12:48	5.1	5:45	-1.1	5:37	2.4	5:18	7:27	
31	Wed			1:21	5.4	6:23	-0.9	6:29	2.0	5:19	7:26	