

Alcatraz Island, CA - Nov 1878

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:01	4.8	4:21	5.0	11:08	3.2	11:28	0.3	6:42	5:18	
2	Sat	6:55	4.9	5:38	4.6			12:24	2.8	6:43	5:17	
3	Sun	7:38	5.1	6:55	4.4	12:26	0.6	1:26	2.2	6:44	5:16	
4	Mon	8:13	5.3	8:03	4.4	1:15	0.9	2:17	1.7	6:45	5:15	
5	Tue	8:42	5.4	9:04	4.4	1:58	1.2	3:00	1.2	6:46	5:14	
6	Wed	9:07	5.6	9:58	4.4	2:36	1.5	3:37	0.7	6:47	5:13	
7	Thu	9:31	5.7	10:48	4.5	3:11	1.9	4:11	0.3	6:48	5:12	
8	Fri	9:55	5.9	11:34	4.5	3:44	2.3	4:43	0.0	6:49	5:11	
9	Sat	10:21	6.0			4:16	2.6	5:14	-0.2	6:51	5:10	
10	Sun	12:19	4.6	10:50 AM	6.0	4:49	2.9	5:47	-0.4	6:52	5:09	
11	Mon	1:03	4.6	11:21 AM	6.0	5:23	3.1	6:21	-0.5	6:53	5:08	
12	Tue	1:49	4.5	11:56 AM	6.0	5:59	3.3	7:00	-0.5	6:54	5:07	
13	Wed	2:37	4.5	12:35	5.9	6:39	3.4	7:43	-0.5	6:55	5:07	
14	Thu	3:27	4.4	1:20	5.7	7:28	3.5	8:31	-0.4	6:56	5:06	
15	Fri	4:20	4.5	2:13	5.4	8:31	3.5	9:23	-0.2	6:57	5:05	
16	Sat	5:11	4.6	3:17	5.0	9:51	3.3	10:20	0.0	6:58	5:04	
17	Sun	5:56	4.8	4:34	4.7	11:16	2.9	11:17	0.3	6:59	5:04	
18	Mon	6:37	5.2	6:00	4.5			12:28	2.2	7:00	5:03	
19	Tue	7:15	5.6	7:24	4.4	12:12	0.7	1:29	1.4	7:01	5:02	
20	Wed	7:52	6.0	8:42	4.5	1:05	1.1	2:22	0.5	7:02	5:02	
21	Thu	8:30	6.5	9:51	4.7	1:55	1.6	3:11	-0.4	7:03	5:01	
22	Fri	9:09	6.8	10:54	4.9	2:43	2.0	3:59	-1.0	7:04	5:01	
23	Sat	9:49	7.0	11:53	5.0	3:32	2.4	4:46	-1.4	7:05	5:00	
24	Sun	10:32	7.1			4:21	2.7	5:33	-1.6	7:07	5:00	
25	Mon	12:48	5.0	11:17 AM	7.0	5:12	3.0	6:21	-1.6	7:08	4:59	
26	Tue	1:41	5.0	12:04	6.7	6:05	3.1	7:09	-1.3	7:09	4:59	
27	Wed	2:34	5.0	12:53	6.3	7:02	3.2	7:58	-1.0	7:10	4:59	
28	Thu	3:26	4.9	1:44	5.8	8:05	3.2	8:47	-0.5	7:11	4:58	
29	Fri	4:18	4.9	2:39	5.2	9:17	3.1	9:38	-0.1	7:12	4:58	
30	Sat	5:08	5.0	3:42	4.6	10:35	2.9	10:30	0.4	7:12	4:58	