

Alcatraz Island, CA - Jan 1879

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:52	5.5	7:32	3.5			1:08	1.3	7:32	5:08	
2	Thu	6:33	5.6	8:58	3.7			2:00	0.8	7:32	5:09	
3	Fri	7:15	5.8	9:58	4.0	12:57	3.0	2:45	0.4	7:32	5:10	
4	Sat	7:58	6.0	10:43	4.3	1:53	3.2	3:25	0.0	7:32	5:11	
5	Sun	8:41	6.2	11:21	4.5	2:43	3.3	4:02	-0.4	7:32	5:12	
6	Mon	9:24	6.3	11:56	4.6	3:28	3.3	4:38	-0.7	7:32	5:12	
7	Tue	10:06	6.4			4:10	3.2	5:13	-0.9	7:32	5:13	
8	Wed	12:29	4.8	10:48 AM	6.5	4:51	3.1	5:48	-1.1	7:32	5:14	
9	Thu	1:02	4.9	11:31 AM	6.4	5:33	2.9	6:24	-1.1	7:32	5:15	
10	Fri	1:35	5.0	12:16	6.2	6:19	2.6	7:00	-0.9	7:32	5:16	
11	Sat	2:08	5.2	1:04	5.8	7:09	2.4	7:38	-0.5	7:32	5:17	
12	Sun	2:43	5.4	1:58	5.3	8:06	2.1	8:17	0.0	7:32	5:18	
13	Mon	3:20	5.6	3:01	4.7	9:10	1.7	8:59	0.7	7:31	5:19	
14	Tue	4:01	5.9	4:21	4.1	10:21	1.3	9:47	1.5	7:31	5:20	
15	Wed	4:46	6.1	6:01	3.7	11:38	0.9	10:44	2.2	7:31	5:21	
16	Thu	5:38	6.3	7:46	3.8			12:51	0.3	7:30	5:22	
17	Fri	6:34	6.4	9:09	4.2			1:56	-0.2	7:30	5:23	
18	Sat	7:32	6.6	10:08	4.5	1:08	3.1	2:54	-0.6	7:30	5:24	
19	Sun	8:29	6.7	10:56	4.8	2:18	3.1	3:44	-0.9	7:29	5:25	
20	Mon	9:22	6.7	11:38	5.0	3:18	3.0	4:29	-1.1	7:29	5:26	
21	Tue	10:11	6.6			4:12	2.9	5:10	-1.1	7:28	5:28	
22	Wed	12:16	5.1	10:58 AM	6.4	5:01	2.7	5:48	-0.9	7:28	5:29	
23	Thu	12:52	5.2	11:42 AM	6.1	5:48	2.5	6:24	-0.7	7:27	5:30	
24	Fri	1:24	5.2	12:24	5.8	6:33	2.3	6:57	-0.3	7:26	5:31	
25	Sat	1:55	5.3	1:07	5.3	7:18	2.1	7:29	0.2	7:26	5:32	
26	Sun	2:24	5.3	1:52	4.8	8:05	2.0	8:01	0.7	7:25	5:33	
27	Mon	2:52	5.3	2:42	4.2	8:56	1.8	8:34	1.3	7:24	5:34	
28	Tue	3:23	5.4	3:45	3.8	9:54	1.7	9:09	2.0	7:24	5:35	
29	Wed	3:58	5.4	5:14	3.4	11:00	1.5	9:52	2.6	7:23	5:36	
30	Thu	4:39	5.4	7:14	3.4			12:09	1.2	7:22	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	5:29	5.5	8:49	3.7			1:13	0.9	7:21	5:39	