

Alcatraz Island, CA - Aug 1879

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:50	5.1	10:37	6.7	4:47	-1.0	4:34	2.6	5:19	7:25	
2	Sat			12:27	5.2	5:27	-0.9	5:24	2.4	5:20	7:24	
3	Sun			1:01	5.3	6:05	-0.6	6:12	2.2	5:21	7:23	
4	Mon	12:11	6.0	1:34	5.4	6:41	-0.2	7:00	2.0	5:22	7:22	
5	Tue	12:57	5.5	2:05	5.5	7:15	0.3	7:49	1.8	5:23	7:21	
6	Wed	1:45	5.0	2:35	5.5	7:49	0.9	8:40	1.7	5:24	7:20	
7	Thu	2:37	4.5	3:06	5.5	8:24	1.5	9:36	1.6	5:24	7:19	
8	Fri	3:41	4.0	3:42	5.5	9:02	2.1	10:39	1.5	5:25	7:18	
9	Sat	5:04	3.7	4:23	5.5	9:47	2.7	11:48	1.3	5:26	7:17	
10	Sun	6:53	3.7	5:13	5.6	10:50	3.2			5:27	7:16	
11	Mon	8:26	3.9	6:09	5.6	12:54	1.0	12:07	3.4	5:28	7:15	
12	Tue	9:22	4.1	7:06	5.8	1:51	0.7	1:16	3.4	5:29	7:13	
13	Wed	10:01	4.4	7:59	6.0	2:39	0.4	2:11	3.3	5:30	7:12	
14	Thu	10:32	4.6	8:48	6.1	3:20	0.1	2:57	3.1	5:30	7:11	
15	Fri	11:01	4.7	9:34	6.3	3:57	-0.2	3:38	2.9	5:31	7:10	
16	Sat	11:29	4.9	10:20	6.3	4:30	-0.4	4:19	2.5	5:32	7:08	
17	Sun	11:57	5.1	11:05	6.2	5:03	-0.4	5:00	2.2	5:33	7:07	
18	Mon			12:26	5.4	5:36	-0.3	5:44	1.8	5:34	7:06	
19	Tue			12:56	5.7	6:10	0.0	6:30	1.4	5:35	7:04	
20	Wed	12:42	5.7	1:28	5.9	6:45	0.4	7:21	1.0	5:36	7:03	
21	Thu	1:38	5.2	2:04	6.1	7:22	1.0	8:17	0.8	5:37	7:02	
22	Fri	2:41	4.7	2:44	6.3	8:03	1.7	9:19	0.6	5:37	7:00	
23	Sat	3:57	4.3	3:32	6.3	8:50	2.3	10:31	0.4	5:38	6:59	
24	Sun	5:31	4.1	4:29	6.3	9:51	2.9	11:48	0.2	5:39	6:58	
25	Mon	7:08	4.2	5:35	6.3	11:11	3.2			5:40	6:56	
26	Tue	8:24	4.4	6:45	6.3	1:02	0.0	12:38	3.3	5:41	6:55	
27	Wed	9:18	4.7	7:51	6.3	2:05	-0.2	1:51	3.0	5:42	6:53	
28	Thu	10:01	5.0	8:50	6.4	2:58	-0.4	2:50	2.7	5:43	6:52	
29	Fri	10:39	5.2	9:43	6.3	3:43	-0.4	3:42	2.3	5:43	6:51	
30	Sat	11:13	5.4	10:32	6.1	4:23	-0.3	4:28	2.0	5:44	6:49	
31	Sun	11:44	5.5	11:18	5.8	4:59	-0.1	5:12	1.7	5:45	6:48	