

Alcatraz Island, CA - Mar 1880

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:08	6.0	3:22	4.2	8:40	0.2	8:16	2.1	6:47	6:10	
2	Tue	2:52	6.1	4:46	3.9	9:44	0.1	9:11	2.6	6:45	6:11	
3	Wed	3:47	6.0	6:23	3.9	10:59	0.1	10:27	3.0	6:44	6:12	
4	Thu	4:53	5.9	7:47	4.1			12:17	-0.1	6:42	6:13	
5	Fri	6:08	5.8	8:46	4.5	12:01	3.1	1:27	-0.3	6:41	6:14	
6	Sat	7:21	5.9	9:31	4.8	1:24	2.8	2:25	-0.4	6:40	6:15	
7	Sun	8:26	5.9	10:10	5.1	2:29	2.4	3:14	-0.5	6:38	6:16	
8	Mon	9:24	5.9	10:45	5.3	3:23	1.9	3:56	-0.4	6:37	6:17	
9	Tue	10:17	5.8	11:17	5.5	4:12	1.4	4:35	-0.2	6:35	6:18	
10	Wed	11:07	5.6	11:48	5.6	4:57	1.0	5:11	0.1	6:34	6:19	
11	Thu	11:54	5.3			5:39	0.7	5:45	0.5	6:32	6:20	
12	Fri	12:17	5.7	12:41	5.0	6:20	0.5	6:19	1.0	6:31	6:21	
13	Sat	12:45	5.7	1:29	4.7	7:00	0.4	6:52	1.5	6:29	6:22	
14	Sun	1:13	5.6	2:20	4.3	7:41	0.4	7:27	2.0	6:28	6:23	
15	Mon	1:43	5.5	3:17	4.0	8:25	0.4	8:05	2.5	6:26	6:24	
16	Tue	2:18	5.4	4:27	3.8	9:15	0.6	8:52	2.9	6:25	6:25	
17	Wed	3:00	5.2	5:56	3.7	10:16	0.7	9:58	3.2	6:23	6:26	
18	Thu	3:53	5.0	7:21	3.8	11:26	0.7	11:29	3.2	6:22	6:27	
19	Fri	4:59	4.9	8:16	4.0			12:34	0.6	6:20	6:28	
20	Sat	6:09	4.9	8:52	4.2	12:47	3.1	1:31	0.5	6:18	6:29	
21	Sun	7:15	4.9	9:21	4.5	1:45	2.7	2:17	0.3	6:17	6:30	
22	Mon	8:13	5.1	9:47	4.7	2:31	2.3	2:55	0.2	6:15	6:30	
23	Tue	9:06	5.2	10:14	5.0	3:12	1.8	3:30	0.2	6:14	6:31	
24	Wed	9:56	5.3	10:41	5.3	3:51	1.3	4:04	0.3	6:12	6:32	
25	Thu	10:46	5.3	11:09	5.6	4:30	0.7	4:38	0.5	6:11	6:33	
26	Fri	11:37	5.2	11:40	5.9	5:10	0.2	5:13	0.9	6:09	6:34	
27	Sat			12:29	5.1	5:53	-0.3	5:50	1.3	6:08	6:35	
28	Sun	12:14	6.1	1:25	4.8	6:38	-0.6	6:30	1.7	6:06	6:36	
29	Mon	12:51	6.3	2:25	4.6	7:28	-0.8	7:14	2.2	6:05	6:37	
30	Tue	1:34	6.2	3:33	4.3	8:23	-0.7	8:06	2.6	6:03	6:38	
31	Wed	2:25	6.0	4:50	4.2	9:26	-0.6	9:13	2.9	6:02	6:39	