

Alcatraz Island, CA - Jul 1880

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:10	3.8	7:10	5.9	1:35	0.7	12:39	2.5	4:58	7:42	
2	Fri	9:23	4.0	7:52	6.0	2:28	0.3	1:36	2.8	4:58	7:42	
3	Sat	10:20	4.2	8:33	6.1	3:14	0.0	2:29	3.0	4:59	7:42	
4	Sun	11:06	4.4	9:13	6.1	3:54	-0.2	3:17	3.1	4:59	7:42	
5	Mon	11:45	4.5	9:52	6.1	4:31	-0.4	4:00	3.2	5:00	7:41	
6	Tue			12:19	4.6	5:05	-0.5	4:40	3.1	5:00	7:41	
7	Wed			12:51	4.7	5:36	-0.5	5:18	3.0	5:01	7:41	
8	Thu			1:20	4.7	6:07	-0.5	5:56	2.9	5:02	7:41	
9	Fri			1:49	4.8	6:37	-0.5	6:36	2.8	5:02	7:40	
10	Sat	12:23	5.7	2:18	5.0	7:07	-0.3	7:20	2.6	5:03	7:40	
11	Sun	1:04	5.3	2:48	5.1	7:39	-0.1	8:08	2.4	5:04	7:40	
12	Mon	1:50	4.9	3:21	5.3	8:14	0.3	9:04	2.2	5:04	7:39	
13	Tue	2:44	4.5	3:56	5.5	8:51	0.8	10:07	1.8	5:05	7:39	
14	Wed	3:54	4.0	4:36	5.8	9:34	1.4	11:16	1.3	5:06	7:38	
15	Thu	5:24	3.7	5:22	6.1	10:25	2.0			5:06	7:38	
16	Fri	7:06	3.7	6:13	6.3	12:25	0.7	11:27 AM	2.6	5:07	7:37	
17	Sat	8:35	3.9	7:09	6.6	1:28	0.1	12:36	2.9	5:08	7:37	
18	Sun	9:41	4.3	8:06	6.9	2:26	-0.5	1:44	3.0	5:09	7:36	
19	Mon	10:34	4.6	9:03	7.1	3:20	-0.9	2:47	3.0	5:09	7:35	
20	Tue	11:20	4.9	9:58	7.1	4:09	-1.3	3:46	2.8	5:10	7:35	
21	Wed			12:02	5.1	4:56	-1.4	4:42	2.5	5:11	7:34	
22	Thu			12:42	5.3	5:41	-1.3	5:38	2.2	5:12	7:33	
23	Fri			1:21	5.5	6:24	-1.0	6:34	2.0	5:12	7:32	
24	Sat	12:36	6.3	2:00	5.7	7:06	-0.6	7:31	1.8	5:13	7:32	
25	Sun	1:30	5.7	2:39	5.8	7:46	0.0	8:30	1.6	5:14	7:31	
26	Mon	2:27	5.0	3:18	5.8	8:28	0.7	9:34	1.5	5:15	7:30	
27	Tue	3:32	4.4	3:59	5.8	9:11	1.4	10:42	1.3	5:16	7:29	
28	Wed	4:50	4.0	4:43	5.8	10:01	2.1	11:52	1.1	5:17	7:28	
29	Thu	6:27	3.8	5:31	5.8	11:01	2.7			5:17	7:27	
30	Fri	8:01	3.9	6:23	5.8	12:58	0.9	12:10	3.1	5:18	7:27	
31	Sat	9:10	4.2	7:15	5.8	1:56	0.6	1:16	3.2	5:19	7:26	