

Alcatraz Island, CA - Jan 1886

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:38	6.3	10:23	4.6	2:15	2.3	3:34	-0.1	7:25	5:01	
2	Sat	9:18	6.3	11:12	4.7	3:05	2.5	4:14	-0.3	7:25	5:02	
3	Sun	9:56	6.3	11:54	4.8	3:51	2.7	4:51	-0.5	7:25	5:03	
4	Mon	10:32	6.2			4:34	2.8	5:25	-0.5	7:25	5:04	
5	Tue	12:32	4.9	11:07 AM	6.1	5:13	2.8	5:57	-0.5	7:25	5:05	
6	Wed	1:06	4.9	11:42 AM	5.9	5:52	2.8	6:29	-0.4	7:25	5:06	
7	Thu	1:39	4.9	12:17	5.7	6:30	2.8	7:01	-0.3	7:25	5:07	
8	Fri	2:10	4.9	12:54	5.4	7:09	2.8	7:34	-0.1	7:25	5:07	
9	Sat	2:43	4.9	1:33	5.1	7:53	2.7	8:09	0.2	7:25	5:08	
10	Sun	3:17	5.0	2:17	4.7	8:42	2.6	8:46	0.6	7:25	5:09	
11	Mon	3:54	5.1	3:12	4.3	9:41	2.5	9:28	1.0	7:25	5:10	
12	Tue	4:35	5.2	4:23	3.9	10:49	2.2	10:16	1.5	7:25	5:11	
13	Wed	5:19	5.4	5:53	3.7	11:58	1.8	11:13	1.9	7:24	5:12	
14	Thu	6:06	5.6	7:26	3.8			1:00	1.2	7:24	5:13	
15	Fri	6:55	5.9	8:42	4.0	12:15	2.2	1:54	0.5	7:24	5:14	
16	Sat	7:44	6.2	9:44	4.4	1:17	2.5	2:44	-0.1	7:23	5:15	
17	Sun	8:34	6.6	10:35	4.7	2:16	2.6	3:31	-0.7	7:23	5:17	
18	Mon	9:24	6.8	11:22	5.0	3:10	2.5	4:17	-1.1	7:22	5:18	
19	Tue	10:14	7.0			4:03	2.4	5:03	-1.4	7:22	5:19	
20	Wed	12:06	5.3	11:04 AM	7.0	4:55	2.2	5:48	-1.5	7:21	5:20	
21	Thu	12:50	5.5	11:56 AM	6.8	5:48	2.0	6:33	-1.3	7:21	5:21	
22	Fri	1:33	5.6	12:48	6.5	6:43	1.9	7:18	-0.9	7:20	5:22	
23	Sat	2:17	5.8	1:43	5.9	7:42	1.7	8:04	-0.4	7:20	5:23	
24	Sun	3:02	5.8	2:43	5.3	8:45	1.6	8:53	0.2	7:19	5:24	
25	Mon	3:49	5.9	3:52	4.6	9:55	1.5	9:45	0.9	7:19	5:25	
26	Tue	4:39	5.9	5:13	4.2	11:10	1.2	10:44	1.6	7:18	5:26	
27	Wed	5:33	5.9	6:47	4.0			12:23	1.0	7:17	5:27	
28	Thu	6:27	5.9	8:13	4.1			1:30	0.6	7:16	5:29	
29	Fri	7:21	5.9	9:20	4.4	12:59	2.5	2:26	0.3	7:16	5:30	
30	Sat	8:10	6.0	10:12	4.6	2:01	2.6	3:14	0.0	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	8:56	6.0	10:54	4.7	2:54	2.7	3:55	-0.1	7:14	5:32	