

Alcatraz Island, CA - Aug 1890

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:52	5.3	5:47	-1.5	5:38	2.5	5:13	7:18	
2	Sat			1:34	5.5	6:33	-1.3	6:35	2.2	5:13	7:17	
3	Sun	12:41	6.6	2:15	5.6	7:18	-0.9	7:34	2.0	5:14	7:16	
4	Mon	1:37	6.1	2:57	5.8	8:03	-0.3	8:38	1.8	5:15	7:15	
5	Tue	2:38	5.4	3:41	5.9	8:49	0.4	9:48	1.5	5:16	7:14	
6	Wed	3:47	4.7	4:27	5.9	9:38	1.1	11:02	1.3	5:17	7:13	
7	Thu	5:11	4.2	5:15	6.0	10:33	1.9			5:18	7:12	
8	Fri	6:46	4.1	6:06	6.0	12:15	1.0	11:37 AM	2.5	5:19	7:11	
9	Sat	8:15	4.2	6:58	6.0	1:21	0.6	12:44	2.9	5:19	7:09	
10	Sun	9:23	4.5	7:49	6.0	2:18	0.3	1:48	3.1	5:20	7:08	
11	Mon	10:15	4.7	8:36	6.1	3:07	0.1	2:43	3.1	5:21	7:07	
12	Tue	10:57	4.8	9:20	6.1	3:49	-0.1	3:30	3.1	5:22	7:06	
13	Wed	11:33	4.9	10:01	6.1	4:27	-0.1	4:12	3.0	5:23	7:05	
14	Thu			12:05	4.9	5:01	-0.2	4:49	2.8	5:24	7:03	
15	Fri			12:33	4.9	5:32	-0.1	5:24	2.7	5:25	7:02	
16	Sat			12:59	5.0	6:01	-0.1	5:59	2.5	5:25	7:01	
17	Sun			1:25	5.0	6:30	0.1	6:35	2.4	5:26	7:00	
18	Mon	12:30	5.5	1:52	5.1	6:58	0.3	7:14	2.2	5:27	6:58	
19	Tue	1:10	5.2	2:20	5.2	7:28	0.7	7:58	2.0	5:28	6:57	
20	Wed	1:55	4.8	2:51	5.4	8:00	1.1	8:48	1.8	5:29	6:56	
21	Thu	2:50	4.4	3:26	5.5	8:36	1.6	9:46	1.6	5:30	6:54	
22	Fri	4:01	4.1	4:07	5.6	9:20	2.2	10:53	1.2	5:31	6:53	
23	Sat	5:35	3.9	4:57	5.8	10:15	2.7			5:32	6:52	
24	Sun	7:16	4.0	5:55	6.0	12:04	0.8	11:27 AM	3.1	5:32	6:50	
25	Mon	8:35	4.3	6:57	6.2	1:10	0.3	12:43	3.2	5:33	6:49	
26	Tue	9:31	4.6	7:59	6.5	2:10	-0.2	1:51	3.1	5:34	6:47	
27	Wed	10:16	4.9	8:57	6.8	3:04	-0.6	2:50	2.8	5:35	6:46	
28	Thu	10:57	5.1	9:53	6.9	3:53	-0.9	3:44	2.5	5:36	6:44	
29	Fri	11:35	5.4	10:48	6.9	4:39	-1.0	4:36	2.0	5:37	6:43	
30	Sat			12:13	5.6	5:23	-0.9	5:28	1.6	5:38	6:42	
31	Sun			12:51	5.8	6:06	-0.6	6:21	1.3	5:38	6:40	