

Alcatraz Island, CA - Mar 1909

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:07	5.6	9:42	4.7	1:16	3.1	2:30	-0.1	6:41	6:02	
2	Tue	8:07	5.6	10:24	4.8	2:21	2.9	3:19	-0.2	6:40	6:03	
3	Wed	8:59	5.7	11:00	4.9	3:14	2.7	4:00	-0.3	6:38	6:04	
4	Thu	9:45	5.7	11:31	4.9	3:58	2.5	4:35	-0.3	6:37	6:05	
5	Fri	10:26	5.6	11:57	4.9	4:36	2.2	5:06	-0.2	6:35	6:06	
6	Sat	11:05	5.5			5:11	2.0	5:35	0.0	6:34	6:07	
7	Sun	12:21	5.0	11:42 AM	5.4	5:45	1.7	6:02	0.2	6:32	6:08	
8	Mon	12:44	5.0	12:19	5.1	6:18	1.5	6:28	0.5	6:31	6:09	
9	Tue	1:07	5.1	12:58	4.8	6:52	1.3	6:55	0.9	6:30	6:10	
10	Wed	1:30	5.2	1:41	4.5	7:29	1.1	7:23	1.4	6:28	6:11	
11	Thu	1:57	5.2	2:30	4.2	8:10	1.0	7:54	1.9	6:27	6:12	
12	Fri	2:27	5.3	3:34	3.8	8:58	0.9	8:29	2.4	6:25	6:13	
13	Sat	3:03	5.3	5:00	3.6	9:55	0.8	9:17	2.9	6:24	6:14	
14	Sun	3:51	5.3	6:45	3.7	11:04	0.6	10:31	3.2	6:22	6:15	
15	Mon	4:52	5.3	8:08	4.0			12:17	0.3	6:21	6:16	
16	Tue	6:02	5.4	8:59	4.3	12:05	3.3	1:23	-0.1	6:19	6:17	
17	Wed	7:13	5.6	9:39	4.6	1:22	3.1	2:20	-0.5	6:18	6:18	
18	Thu	8:17	5.9	10:15	4.9	2:22	2.7	3:10	-0.8	6:16	6:19	
19	Fri	9:17	6.1	10:49	5.2	3:14	2.1	3:55	-0.9	6:15	6:20	
20	Sat	10:13	6.2	11:23	5.5	4:04	1.5	4:38	-0.8	6:13	6:21	
21	Sun	11:08	6.1	11:57	5.8	4:53	0.9	5:19	-0.6	6:11	6:22	
22	Mon			12:03	5.9	5:42	0.4	6:00	-0.1	6:10	6:22	
23	Tue	12:33	6.0	1:00	5.5	6:32	0.0	6:41	0.6	6:08	6:23	
24	Wed	1:09	6.1	2:00	5.1	7:25	-0.2	7:24	1.2	6:07	6:24	
25	Thu	1:48	6.1	3:06	4.6	8:20	-0.3	8:12	1.9	6:05	6:25	
26	Fri	2:30	5.9	4:23	4.3	9:20	-0.2	9:09	2.6	6:04	6:26	
27	Sat	3:19	5.7	5:53	4.2	10:28	0.0	10:25	3.0	6:02	6:27	
28	Sun	4:17	5.3	7:18	4.3	11:41	0.1	11:54	3.1	6:01	6:28	
29	Mon	5:26	5.1	8:22	4.5			12:52	0.1	5:59	6:29	
30	Tue	6:39	5.0	9:09	4.7	1:13	2.9	1:53	0.1	5:58	6:30	
31	Wed	7:45	5.0	9:46	4.8	2:13	2.6	2:43	0.1	5:56	6:31	