

Alcatraz Island, CA - Dec 1909

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:35	5.0	1:46	5.8	8:11	3.3	8:54	-0.5	7:06	4:51	
2	Thu	4:32	5.0	2:41	5.3	9:24	3.3	9:49	-0.1	7:07	4:51	
3	Fri	5:28	5.0	3:44	4.7	10:44	3.1	10:45	0.3	7:08	4:50	
4	Sat	6:18	5.1	4:57	4.3	11:59	2.8	11:41	0.7	7:09	4:50	
5	Sun	7:00	5.2	6:17	4.0			1:02	2.3	7:10	4:50	
6	Mon	7:36	5.3	7:35	3.9	12:32	1.1	1:55	1.7	7:10	4:50	
7	Tue	8:07	5.5	8:45	4.0	1:19	1.5	2:40	1.2	7:11	4:50	
8	Wed	8:35	5.7	9:44	4.1	2:02	1.8	3:18	0.7	7:12	4:50	
9	Thu	9:03	5.9	10:37	4.3	2:41	2.2	3:54	0.2	7:13	4:50	
10	Fri	9:31	6.0	11:24	4.4	3:18	2.5	4:27	-0.1	7:14	4:50	
11	Sat	10:01	6.2			3:54	2.8	5:00	-0.4	7:15	4:50	
12	Sun	12:09	4.6	10:34 AM	6.2	4:30	3.0	5:33	-0.6	7:15	4:51	
13	Mon	12:52	4.6	11:09 AM	6.2	5:07	3.2	6:09	-0.8	7:16	4:51	
14	Tue	1:35	4.7	11:46 AM	6.2	5:47	3.3	6:48	-0.9	7:17	4:51	
15	Wed	2:19	4.7	12:27	6.1	6:31	3.4	7:31	-0.9	7:18	4:51	
16	Thu	3:04	4.7	1:13	5.9	7:21	3.4	8:16	-0.8	7:18	4:52	
17	Fri	3:50	4.8	2:05	5.5	8:23	3.3	9:05	-0.5	7:19	4:52	
18	Sat	4:37	5.0	3:08	5.0	9:37	3.1	9:58	-0.1	7:19	4:52	
19	Sun	5:23	5.2	4:26	4.6	11:00	2.6	10:53	0.4	7:20	4:53	
20	Mon	6:08	5.5	5:55	4.2			12:16	2.0	7:21	4:53	
21	Tue	6:51	5.9	7:25	4.2			1:22	1.1	7:21	4:54	
22	Wed	7:33	6.3	8:47	4.3	12:46	1.4	2:18	0.3	7:22	4:54	
23	Thu	8:15	6.6	9:57	4.6	1:41	1.9	3:09	-0.4	7:22	4:55	
24	Fri	8:58	6.9	10:58	4.8	2:35	2.3	3:57	-1.0	7:23	4:55	
25	Sat	9:41	7.0	11:53	5.0	3:27	2.6	4:43	-1.3	7:23	4:56	
26	Sun	10:25	7.0			4:18	2.9	5:28	-1.4	7:23	4:56	
27	Mon	12:43	5.1	11:09 AM	6.8	5:10	3.0	6:12	-1.4	7:24	4:57	
28	Tue	1:31	5.1	11:54 AM	6.6	6:01	3.1	6:55	-1.2	7:24	4:58	
29	Wed	2:17	5.1	12:38	6.2	6:53	3.1	7:38	-0.9	7:24	4:58	
30	Thu	3:01	5.1	1:23	5.7	7:48	3.1	8:21	-0.5	7:25	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	3:45	5.0	2:11	5.2	8:48	3.0	9:04	0.1	7:25	5:00	