

Alcatraz Island, CA - Jan 1914

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:34	4.9	2:14	4.8	8:52	2.8	8:55	0.4	7:25	5:01	
2	Fri	4:08	5.0	3:08	4.2	9:57	2.6	9:33	0.9	7:25	5:01	
3	Sat	4:42	5.1	4:18	3.7	11:06	2.3	10:13	1.6	7:25	5:02	
4	Sun	5:17	5.2	5:51	3.4			12:13	1.8	7:25	5:03	
5	Mon	5:54	5.4	7:40	3.4			1:12	1.3	7:25	5:04	
6	Tue	6:34	5.6	9:07	3.7			2:03	0.8	7:25	5:05	
7	Wed	7:16	5.8	10:07	4.1	12:55	3.1	2:47	0.3	7:25	5:06	
8	Thu	8:00	6.1	10:52	4.3	1:53	3.3	3:28	-0.2	7:25	5:07	
9	Fri	8:44	6.3	11:31	4.6	2:44	3.4	4:06	-0.6	7:25	5:08	
10	Sat	9:29	6.5			3:31	3.4	4:45	-0.9	7:25	5:09	
11	Sun	12:07	4.7	10:13 AM	6.6	4:15	3.3	5:23	-1.2	7:25	5:10	
12	Mon	12:42	4.8	10:59 AM	6.7	4:59	3.1	6:01	-1.3	7:25	5:11	
13	Tue	1:16	4.9	11:45 AM	6.6	5:46	2.9	6:40	-1.3	7:24	5:12	
14	Wed	1:51	5.1	12:33	6.3	6:36	2.6	7:19	-1.0	7:24	5:13	
15	Thu	2:26	5.3	1:25	5.8	7:31	2.3	7:59	-0.5	7:24	5:14	
16	Fri	3:03	5.5	2:23	5.2	8:33	2.0	8:40	0.1	7:23	5:15	
17	Sat	3:42	5.7	3:34	4.5	9:42	1.6	9:24	0.9	7:23	5:16	
18	Sun	4:24	6.0	5:03	3.9	10:58	1.1	10:14	1.8	7:23	5:17	
19	Mon	5:11	6.2	6:50	3.7			12:14	0.6	7:22	5:18	
20	Tue	6:03	6.3	8:31	4.0			1:24	0.1	7:22	5:19	
21	Wed	6:59	6.4	9:43	4.3	12:27	3.0	2:26	-0.4	7:21	5:20	
22	Thu	7:55	6.5	10:37	4.7	1:41	3.3	3:19	-0.7	7:21	5:21	
23	Fri	8:49	6.5	11:21	4.9	2:47	3.3	4:07	-0.9	7:20	5:22	
24	Sat	9:40	6.5			3:43	3.2	4:49	-0.9	7:20	5:23	
25	Sun	12:00	5.0	10:26 AM	6.4	4:32	3.0	5:27	-0.9	7:19	5:24	
26	Mon	12:36	5.0	11:09 AM	6.2	5:17	2.8	6:02	-0.8	7:18	5:25	
27	Tue	1:08	5.0	11:50 AM	6.0	6:00	2.6	6:35	-0.5	7:18	5:27	
28	Wed	1:37	5.0	12:29	5.6	6:42	2.4	7:06	-0.2	7:17	5:28	
29	Thu	2:04	5.1	1:09	5.1	7:24	2.3	7:35	0.3	7:16	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Fri	2:29	5.1	1:52	4.7	8:09	2.1	8:05	0.8	7:15	5:30	
31	Sat	2:56	5.2	2:42	4.1	8:59	1.9	8:35	1.4	7:15	5:31	