

Alcatraz Island, CA - Jan 1916

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:24	6.5	9:53	4.3	12:52	2.8	2:39	-0.5	7:25	5:00	
2	Sun	8:16	6.8	10:49	4.6	1:55	3.1	3:30	-1.1	7:25	5:01	
3	Mon	9:09	7.1	11:37	4.9	2:55	3.1	4:19	-1.5	7:25	5:02	
4	Tue	10:02	7.2			3:52	3.0	5:07	-1.7	7:25	5:03	
5	Wed	12:21	5.1	10:54 AM	7.2	4:48	2.9	5:54	-1.8	7:25	5:04	
6	Thu	1:04	5.2	11:47 AM	6.9	5:44	2.6	6:39	-1.5	7:25	5:04	
7	Fri	1:45	5.4	12:40	6.5	6:41	2.4	7:23	-1.1	7:25	5:05	
8	Sat	2:26	5.5	1:34	5.9	7:41	2.2	8:06	-0.5	7:25	5:06	
9	Sun	3:07	5.6	2:32	5.1	8:46	2.0	8:49	0.2	7:25	5:07	
10	Mon	3:49	5.7	3:39	4.4	9:56	1.7	9:34	0.9	7:25	5:08	
11	Tue	4:32	5.8	5:01	3.9	11:09	1.4	10:23	1.7	7:25	5:09	
12	Wed	5:17	5.8	6:42	3.6			12:21	1.1	7:25	5:10	
13	Thu	6:03	5.8	8:19	3.8			1:26	0.7	7:24	5:11	
14	Fri	6:51	5.9	9:31	4.1	12:27	2.9	2:22	0.3	7:24	5:12	
15	Sat	7:38	5.9	10:24	4.4	1:32	3.2	3:09	0.0	7:24	5:13	
16	Sun	8:24	6.0	11:05	4.6	2:29	3.3	3:50	-0.2	7:24	5:14	
17	Mon	9:07	6.1	11:40	4.7	3:18	3.3	4:26	-0.4	7:23	5:15	
18	Tue	9:47	6.1			4:00	3.2	4:59	-0.5	7:23	5:16	
19	Wed	12:10	4.7	10:26 AM	6.1	4:39	3.0	5:29	-0.5	7:22	5:17	
20	Thu	12:38	4.7	11:03 AM	6.0	5:15	2.9	5:58	-0.5	7:22	5:18	
21	Fri	1:04	4.8	11:40 AM	5.9	5:51	2.7	6:26	-0.4	7:22	5:19	
22	Sat	1:31	4.9	12:18	5.6	6:28	2.5	6:55	-0.3	7:21	5:20	
23	Sun	1:57	5.1	12:58	5.3	7:09	2.3	7:24	0.1	7:20	5:22	
24	Mon	2:25	5.2	1:43	4.9	7:55	2.1	7:56	0.5	7:20	5:23	
25	Tue	2:55	5.4	2:38	4.4	8:48	1.8	8:31	1.1	7:19	5:24	
26	Wed	3:29	5.6	3:50	3.9	9:50	1.5	9:12	1.8	7:19	5:25	
27	Thu	4:09	5.8	5:29	3.6	11:00	1.1	10:02	2.4	7:18	5:26	
28	Fri	4:58	6.0	7:23	3.6			12:14	0.6	7:17	5:27	
29	Sat	5:56	6.2	8:51	4.0			1:23	0.0	7:17	5:28	
30	Sun	6:58	6.4	9:49	4.4	12:32	3.2	2:24	-0.6	7:16	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	8:01	6.7	10:35	4.7	1:47	3.2	3:18	-1.0	7:15	5:30	