

Alcatraz Island, CA - Mar 1916

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:57	6.3	10:42	5.1	2:55	2.4	3:46	-0.9	6:41	6:03	
2	Thu	9:53	6.3	11:16	5.4	3:49	1.9	4:27	-0.8	6:39	6:04	
3	Fri	10:47	6.1	11:49	5.6	4:39	1.4	5:06	-0.5	6:38	6:05	
4	Sat	11:38	5.8			5:26	0.9	5:43	-0.1	6:36	6:06	
5	Sun	12:21	5.8	12:29	5.4	6:13	0.6	6:19	0.5	6:35	6:07	
6	Mon	12:52	5.9	1:20	5.0	6:59	0.4	6:55	1.1	6:34	6:08	
7	Tue	1:23	5.9	2:15	4.6	7:45	0.4	7:32	1.7	6:32	6:09	
8	Wed	1:56	5.8	3:17	4.1	8:34	0.4	8:12	2.3	6:31	6:10	
9	Thu	2:31	5.6	4:33	3.8	9:29	0.5	9:00	2.8	6:29	6:11	
10	Fri	3:12	5.4	6:11	3.8	10:33	0.6	10:07	3.2	6:28	6:11	
11	Sat	4:05	5.2	7:42	3.9	11:45	0.7	11:38	3.3	6:26	6:12	
12	Sun	5:10	5.0	8:39	4.1			12:55	0.6	6:25	6:13	
13	Mon	6:20	5.0	9:17	4.3	12:57	3.2	1:53	0.4	6:23	6:14	
14	Tue	7:24	5.0	9:46	4.4	1:56	2.9	2:38	0.3	6:22	6:15	
15	Wed	8:20	5.2	10:11	4.6	2:43	2.6	3:15	0.1	6:20	6:16	
16	Thu	9:09	5.3	10:34	4.8	3:23	2.2	3:48	0.1	6:19	6:17	
17	Fri	9:55	5.3	10:57	5.0	3:59	1.7	4:17	0.2	6:17	6:18	
18	Sat	10:39	5.3	11:21	5.3	4:34	1.3	4:46	0.4	6:16	6:19	
19	Sun	11:25	5.2	11:47	5.5	5:10	0.8	5:16	0.7	6:14	6:20	
20	Mon			12:12	5.0	5:47	0.4	5:47	1.1	6:13	6:21	
21	Tue	12:15	5.8	1:02	4.8	6:28	0.0	6:20	1.5	6:11	6:22	
22	Wed	12:45	5.9	1:58	4.5	7:12	-0.2	6:56	2.0	6:09	6:23	
23	Thu	1:20	6.0	3:02	4.2	8:02	-0.3	7:38	2.5	6:08	6:24	
24	Fri	2:02	6.0	4:18	4.0	9:00	-0.4	8:30	2.9	6:06	6:25	
25	Sat	2:54	5.9	5:46	4.0	10:07	-0.3	9:43	3.2	6:05	6:26	
26	Sun	4:00	5.7	7:06	4.2	11:23	-0.3	11:22	3.2	6:03	6:26	
27	Mon	5:17	5.5	8:04	4.4			12:36	-0.3	6:02	6:27	
28	Tue	6:37	5.4	8:49	4.8	12:51	2.8	1:38	-0.4	6:00	6:28	
29	Wed	7:50	5.4	9:27	5.1	1:59	2.2	2:30	-0.3	5:59	6:29	
30	Thu	8:54	5.4	10:01	5.4	2:56	1.6	3:15	-0.2	5:57	6:30	
31	Fri	9:53	5.4	10:33	5.7	3:45	1.0	3:55	0.1	5:56	6:31	