

Alcatraz Island, CA - Aug 1916

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:07	5.6	1:39	5.1	6:42	0.0	6:55	2.3	5:12	7:18	
2	Wed	12:47	5.3	2:06	5.3	7:10	0.4	7:38	2.1	5:13	7:17	
3	Thu	1:30	4.9	2:34	5.5	7:39	0.8	8:26	1.8	5:14	7:16	
4	Fri	2:21	4.5	3:06	5.6	8:12	1.3	9:22	1.6	5:15	7:15	
5	Sat	3:25	4.1	3:43	5.8	8:49	1.9	10:27	1.3	5:16	7:14	
6	Sun	4:52	3.7	4:29	6.0	9:35	2.5	11:38	0.8	5:17	7:13	
7	Mon	6:39	3.7	5:23	6.1	10:36	3.0			5:17	7:12	
8	Tue	8:15	3.9	6:25	6.4	12:48	0.4	11:54 AM	3.3	5:18	7:11	
9	Wed	9:19	4.3	7:29	6.6	1:52	-0.2	1:12	3.3	5:19	7:10	
10	Thu	10:06	4.6	8:30	6.9	2:48	-0.6	2:19	3.1	5:20	7:09	
11	Fri	10:47	4.9	9:28	7.0	3:38	-1.0	3:18	2.7	5:21	7:07	
12	Sat	11:25	5.2	10:24	7.0	4:24	-1.1	4:14	2.3	5:22	7:06	
13	Sun			12:02	5.4	5:08	-1.0	5:07	1.9	5:23	7:05	
14	Mon			12:38	5.7	5:49	-0.8	6:01	1.5	5:24	7:04	
15	Tue	12:11	6.3	1:14	5.9	6:29	-0.3	6:55	1.2	5:24	7:03	
16	Wed	1:06	5.8	1:50	6.1	7:09	0.3	7:51	1.0	5:25	7:01	
17	Thu	2:04	5.2	2:28	6.1	7:49	1.0	8:50	0.9	5:26	7:00	
18	Fri	3:09	4.6	3:08	6.0	8:33	1.8	9:54	0.9	5:27	6:59	
19	Sat	4:27	4.2	3:53	5.9	9:22	2.5	11:04	0.9	5:28	6:57	
20	Sun	6:02	4.0	4:45	5.8	10:26	3.0			5:29	6:56	
21	Mon	7:38	4.1	5:44	5.7	12:16	0.8	11:45 AM	3.3	5:30	6:55	
22	Tue	8:46	4.4	6:45	5.7	1:22	0.6	12:59	3.4	5:30	6:53	
23	Wed	9:34	4.6	7:42	5.7	2:18	0.4	2:00	3.2	5:31	6:52	
24	Thu	10:11	4.7	8:33	5.8	3:03	0.3	2:48	3.0	5:32	6:51	
25	Fri	10:42	4.8	9:17	5.9	3:41	0.1	3:30	2.8	5:33	6:49	
26	Sat	11:08	4.9	9:59	5.9	4:14	0.1	4:07	2.5	5:34	6:48	
27	Sun	11:32	5.0	10:38	5.8	4:43	0.1	4:43	2.2	5:35	6:46	
28	Mon	11:55	5.1	11:18	5.6	5:10	0.2	5:17	2.0	5:36	6:45	
29	Tue			12:19	5.3	5:37	0.4	5:52	1.7	5:36	6:43	
30	Wed			12:43	5.5	6:04	0.7	6:29	1.4	5:37	6:42	
31	Thu	12:42	5.2	1:09	5.7	6:32	1.1	7:10	1.1	5:38	6:41	