

Alcatraz Island, CA - Oct 1916

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:39	4.5	1:33	6.1	7:13	2.8	8:28	-0.1	6:05	5:53	
2	Mon	3:50	4.3	2:22	6.0	8:02	3.2	9:31	0.0	6:06	5:51	
3	Tue	5:11	4.3	3:25	5.8	9:10	3.4	10:43	0.0	6:07	5:50	
4	Wed	6:28	4.4	4:40	5.6	10:44	3.4	11:56	0.0	6:07	5:48	
5	Thu	7:28	4.6	6:00	5.6			12:16	3.1	6:08	5:47	
6	Fri	8:14	5.0	7:16	5.6	1:01	0.0	1:27	2.5	6:09	5:45	
7	Sat	8:52	5.3	8:24	5.6	1:55	0.0	2:25	1.8	6:10	5:44	
8	Sun	9:28	5.7	9:26	5.6	2:42	0.2	3:16	1.1	6:11	5:42	
9	Mon	10:01	6.0	10:24	5.5	3:24	0.5	4:04	0.5	6:12	5:41	
10	Tue	10:34	6.2	11:19	5.4	4:05	0.9	4:48	0.0	6:13	5:39	
11	Wed	11:06	6.3			4:44	1.4	5:32	-0.3	6:14	5:38	
12	Thu	12:13	5.2	11:39 AM	6.3	5:23	1.9	6:14	-0.4	6:15	5:37	
13	Fri	1:08	5.0	12:12	6.2	6:03	2.4	6:57	-0.3	6:16	5:35	
14	Sat	2:03	4.8	12:47	6.0	6:45	2.8	7:42	-0.2	6:17	5:34	
15	Sun	3:02	4.6	1:25	5.8	7:32	3.2	8:30	0.1	6:18	5:32	
16	Mon	4:07	4.4	2:10	5.4	8:29	3.4	9:26	0.3	6:19	5:31	
17	Tue	5:17	4.4	3:03	5.1	9:43	3.5	10:28	0.6	6:20	5:30	
18	Wed	6:23	4.4	4:08	4.8	11:07	3.4	11:33	0.7	6:21	5:28	
19	Thu	7:14	4.5	5:21	4.6			12:20	3.1	6:22	5:27	
20	Fri	7:52	4.7	6:32	4.6	12:31	0.8	1:18	2.7	6:23	5:26	
21	Sat	8:21	4.9	7:37	4.6	1:19	0.8	2:05	2.2	6:23	5:24	
22	Sun	8:47	5.1	8:35	4.6	2:00	0.9	2:45	1.7	6:24	5:23	
23	Mon	9:12	5.4	9:28	4.7	2:35	1.1	3:22	1.1	6:25	5:22	
24	Tue	9:37	5.7	10:19	4.8	3:09	1.4	3:56	0.6	6:27	5:20	
25	Wed	10:04	5.9	11:09	4.8	3:41	1.7	4:31	0.1	6:28	5:19	
26	Thu	10:33	6.2			4:15	2.0	5:08	-0.4	6:29	5:18	
27	Fri	12:00	4.8	11:05 AM	6.3	4:51	2.4	5:48	-0.7	6:30	5:17	
28	Sat	12:52	4.8	11:41 AM	6.4	5:29	2.7	6:32	-0.9	6:31	5:15	
29	Sun	1:47	4.7	12:22	6.4	6:12	3.0	7:20	-0.9	6:32	5:14	
30	Mon	2:46	4.6	1:09	6.3	7:00	3.2	8:14	-0.8	6:33	5:13	
31	Tue	3:48	4.6	2:05	6.0	8:01	3.3	9:14	-0.6	6:34	5:12	