

Alcatraz Island, CA - Mar 1919

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:34	6.0	11:36	5.4	4:23	1.6	4:53	-0.4	6:42	6:02	
2	Sun	11:23	5.9			5:07	1.1	5:30	-0.2	6:40	6:03	
3	Mon	12:08	5.7	12:14	5.7	5:52	0.7	6:08	0.2	6:39	6:04	
4	Tue	12:43	6.0	1:07	5.4	6:40	0.3	6:48	0.7	6:37	6:05	
5	Wed	1:20	6.2	2:06	5.0	7:32	0.1	7:30	1.2	6:36	6:06	
6	Thu	2:01	6.2	3:12	4.5	8:29	0.0	8:18	1.8	6:35	6:07	
7	Fri	2:48	6.2	4:29	4.2	9:33	0.0	9:16	2.3	6:33	6:08	
8	Sat	3:44	6.0	5:58	4.1	10:47	0.1	10:32	2.7	6:32	6:09	
9	Sun	4:49	5.8	7:21	4.3			12:04	0.0	6:30	6:10	
10	Mon	6:01	5.7	8:25	4.6	12:00	2.8	1:15	0.0	6:29	6:11	
11	Tue	7:13	5.6	9:14	4.9	1:18	2.6	2:14	-0.1	6:27	6:12	
12	Wed	8:17	5.6	9:56	5.1	2:22	2.2	3:03	-0.2	6:26	6:13	
13	Thu	9:13	5.6	10:31	5.3	3:15	1.8	3:45	-0.1	6:24	6:14	
14	Fri	10:04	5.5	11:03	5.4	4:01	1.5	4:22	0.1	6:23	6:15	
15	Sat	10:50	5.4	11:32	5.4	4:42	1.1	4:55	0.4	6:21	6:16	
16	Sun	11:33	5.2	11:58	5.5	5:20	0.9	5:27	0.7	6:20	6:16	
17	Mon			12:15	5.0	5:57	0.7	5:57	1.0	6:18	6:17	
18	Tue	12:24	5.5	12:56	4.7	6:32	0.6	6:28	1.4	6:17	6:18	
19	Wed	12:50	5.5	1:39	4.5	7:08	0.5	6:59	1.8	6:15	6:19	
20	Thu	1:18	5.4	2:26	4.2	7:46	0.5	7:32	2.2	6:14	6:20	
21	Fri	1:49	5.4	3:21	3.9	8:29	0.5	8:09	2.6	6:12	6:21	
22	Sat	2:27	5.2	4:28	3.7	9:19	0.6	8:56	2.9	6:11	6:22	
23	Sun	3:13	5.1	5:49	3.7	10:19	0.7	10:06	3.1	6:09	6:23	
24	Mon	4:11	4.9	7:05	3.8	11:27	0.6	11:36	3.1	6:08	6:24	
25	Tue	5:19	4.9	7:58	4.1			12:31	0.5	6:06	6:25	
26	Wed	6:29	4.9	8:37	4.4	12:51	2.8	1:27	0.3	6:04	6:26	
27	Thu	7:35	5.1	9:11	4.7	1:48	2.4	2:14	0.1	6:03	6:27	
28	Fri	8:35	5.3	9:43	5.1	2:36	1.9	2:57	0.0	6:01	6:28	
29	Sat	9:31	5.4	10:15	5.4	3:21	1.2	3:37	0.1	6:00	6:28	
30	Sun	11:26	5.5	11:49	5.8	5:05	0.6	5:17	0.3	6:58	7:29	
31	Mon			12:20	5.5	5:50	0.0	5:58	0.6	6:57	7:30	