US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1919

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:47	4.6	4:30	5.6	9:41	1.3	10:54	1.6	6:12	8:19	
2	Sat	4:50	4.1	5:09	5.6	10:23	1.9	11:59	1.5	6:13	8:18	
3	Sun	6:10	3.8	5:54	5.6	11:14	2.4			6:13	8:17	
4	Mon	7:48	3.7	6:44	5.6	1:06	1.3	12:17	2.8	6:14	8:16	
5	Tue	9:15	3.9	7:37	5.7	2:08	1.0	1:27	3.1	6:15	8:15	
6	Wed	10:14	4.1	8:28	5.8	3:01	0.7	2:29	3.1	6:16	8:14	
7	Thu	10:57	4.3	9:17	6.0	3:47	0.4	3:21	3.1	6:17	8:13	
8	Fri	11:31	4.5	10:03	6.1	4:27	0.1	4:06	2.9	6:18	8:12	
9	Sat			12:02	4.7	5:02	-0.1	4:47	2.7	6:19	8:11	
10	Sun			12:32	4.9	5:36	-0.2	5:26	2.5	6:19	8:10	
11	Mon			1:02	5.1	6:09	-0.3	6:06	2.2	6:20	8:08	
12	Tue	12:13	6.2	1:32	5.3	6:42	-0.2	6:48	1.9	6:21	8:07	
13	Wed	12:58	6.0	2:03	5.6	7:16	0.0	7:33	1.6	6:22	8:06	
14	Thu	1:45	5.7	2:37	5.8	7:52	0.3	8:22	1.3	6:23	8:05	
15	Fri	2:38	5.3	3:14	6.0	8:30	0.8	9:17	1.1	6:24	8:04	
16	Sat	3:38	4.8	3:55	6.1	9:12	1.3	10:19	0.9	6:25	8:02	
17	Sun	4:50	4.4	4:43	6.2	10:01	1.9	11:30	0.7	6:26	8:01	
18	Mon	6:16	4.1	5:39	6.3	11:00	2.5			6:26	8:00	
19	Tue	7:48	4.1	6:43	6.3	12:46	0.5	12:15	2.8	6:27	7:58	
20	Wed	9:07	4.4	7:49	6.4	1:58	0.2	1:34	2.9	6:28	7:57	
21	Thu	10:06	4.7	8:52	6.5	3:01	-0.1	2:44	2.8	6:29	7:56	
22	Fri	10:54	5.0	9:51	6.5	3:55	-0.3	3:45	2.5	6:30	7:54	
23	Sat	11:36	5.2	10:44	6.5	4:41	-0.4	4:38	2.2	6:31	7:53	
24	Sun			12:14	5.4	5:23	-0.3	5:27	1.9	6:32	7:52	
25	Mon			12:49	5.6	6:02	-0.2	6:13	1.6	6:32	7:50	
26	Tue	12:22	6.0	1:22	5.6	6:38	0.1	6:57	1.4	6:33	7:49	
27	Wed	1:08	5.7	1:53	5.7	7:13	0.5	7:41	1.3	6:34	7:47	
28	Thu	1:53	5.3	2:24	5.7	7:48	1.0	8:24	1.2	6:35	7:46	
29	Fri	2:40	4.9	2:55	5.6	8:23	1.5	9:10	1.2	6:36	7:45	
30	Sat	3:31	4.5	3:28	5.6	8:59	2.0	10:00	1.2	6:37	7:43	
31	Sun	4:31	4.2	4:07	5.5	9:40	2.5	10:58	1.3	6:38	7:42	