

Alcatraz Island, CA - Dec 1919

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:14	5.4	6:21	4.0			12:37	1.8	7:05	4:51	
2	Tue	6:55	5.7	7:44	4.1	12:01	1.3	1:32	1.0	7:06	4:51	
3	Wed	7:37	6.1	8:57	4.3	12:56	1.7	2:22	0.3	7:07	4:50	
4	Thu	8:19	6.5	10:01	4.6	1:50	2.0	3:10	-0.5	7:08	4:50	
5	Fri	9:03	6.9	10:58	4.9	2:42	2.2	3:57	-1.1	7:09	4:50	
6	Sat	9:49	7.1	11:52	5.1	3:34	2.4	4:45	-1.5	7:10	4:50	
7	Sun	10:37	7.2			4:26	2.5	5:32	-1.7	7:11	4:50	
8	Mon	12:43	5.2	11:27 AM	7.1	5:20	2.6	6:21	-1.6	7:12	4:50	
9	Tue	1:33	5.3	12:18	6.8	6:15	2.6	7:09	-1.4	7:13	4:50	
10	Wed	2:22	5.3	1:11	6.3	7:15	2.6	7:58	-1.0	7:13	4:50	
11	Thu	3:11	5.4	2:08	5.7	8:21	2.5	8:48	-0.5	7:14	4:50	
12	Fri	4:01	5.4	3:10	5.1	9:34	2.3	9:39	0.1	7:15	4:51	
13	Sat	4:52	5.5	4:22	4.4	10:52	2.1	10:34	0.8	7:16	4:51	
14	Sun	5:41	5.6	5:46	4.0			12:06	1.7	7:16	4:51	
15	Mon	6:29	5.7	7:15	3.9			1:11	1.2	7:17	4:51	
16	Tue	7:13	5.8	8:35	4.0	12:28	1.9	2:07	0.7	7:18	4:51	
17	Wed	7:53	5.9	9:40	4.2	1:24	2.3	2:54	0.3	7:19	4:52	
18	Thu	8:31	6.0	10:32	4.4	2:15	2.6	3:35	0.0	7:19	4:52	
19	Fri	9:07	6.1	11:16	4.5	3:01	2.8	4:11	-0.2	7:20	4:53	
20	Sat	9:42	6.1	11:55	4.6	3:44	2.9	4:45	-0.4	7:20	4:53	
21	Sun	10:17	6.1			4:23	3.0	5:18	-0.5	7:21	4:53	
22	Mon	12:30	4.7	10:52 AM	6.1	5:00	3.0	5:49	-0.6	7:21	4:54	
23	Tue	1:03	4.7	11:28 AM	6.0	5:37	3.0	6:21	-0.6	7:22	4:54	
24	Wed	1:35	4.8	12:05	5.8	6:14	3.0	6:53	-0.5	7:22	4:55	
25	Thu	2:07	4.9	12:43	5.6	6:55	2.9	7:27	-0.4	7:23	4:56	
26	Fri	2:41	5.0	1:25	5.2	7:41	2.8	8:03	-0.1	7:23	4:56	
27	Sat	3:16	5.1	2:14	4.8	8:35	2.6	8:42	0.3	7:23	4:57	
28	Sun	3:54	5.3	3:14	4.4	9:38	2.4	9:26	0.8	7:24	4:57	
29	Mon	4:35	5.5	4:32	4.0	10:49	1.9	10:16	1.3	7:24	4:58	
30	Tue	5:19	5.7	6:06	3.8			12:00	1.4	7:24	4:59	
31	Wed	6:07	6.1	7:37	3.9			1:05	0.7	7:25	5:00	